

KALIHWI — SAKS

The logo of the Kalihwi-saks, the official publication of the Oneida Tribe of Indians of Wisconsin, encompasses much tribal symbolism. Building upon the heritage of the publication and the heritage of the Oneida people, this fairly recent adaptation of the logo by Oneida artist, Mary LeMieux, integrates traditional thought and contemporary artistic form.

The first written publication which specifically addressed tribally-relevant issues was known as "The Scout." Although only a local newsletter, it sufficed as a means of informing the reservation community of local events and concerns. Very quickly, however, it altered in format and content and grew to become a viable publication with a readership of approximately 8,000.

Because our people are matrilineal, it is not uncommon for our women to hold many responsible positions within the tribe. For much of this paper's history the position of editor has been held by a woman. Therefore, as the paper evolved and the banner reflected the word for "scout" in the Oneida language, it was logical that the name would be made feminine, viz., "Kalihwi-saks," figuratively translated as "She looks for news."

The border which circumscribes the logo reminds us that all things in life are cyclical. Just within the border are overlapping semi-circles or domes. These domes represent Mother Earth, and particularly, "Great Turtle Island," the traditional reference to the North American continent. The symbols () represent the Great Tree of Peace, which in turn signifies the forming of the Iroquois Confederacy of which the Oneida nation is a part.

Within the circle one sees a proud Oneida woman with braided hair. Her braids signify that her mind is clear and that she is in balance with Creation. Her view is unclouded and unobstructed. It continues over the grasses and the medicines and the trees. It reaches to our eldest brother, the Sun. A scout must have this quality of clear vision, and must be able to return to the people with accurate information of what has been seen and what is now known. This is the responsibility of the publication, **Kalihwi-saks**. This is its logo.

Kalihwi-saks
P. O. Box 365
Oneida, WI 54155

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KALIHWI-SAKS

The Official Newsletter
of the Oneida Nation

This newsletter is distributed free to all enrolled Oneida Tribal members. If you know of someone who is not receiving the KALIHWI-SAKS, please have them send their name and address as they are listed on the Oneida rolls to:

KALIHWI-SAKS
Oneida Tribe of Indians of Wisconsin
P.O. Box 365
Oneida, WI 54155

or call:
414-869-2083

KALIHWI-SAKS is distributed locally at the beginning of the month. Distribution to all Tribal members is made at the end of each month.

STAFF

Grace Koehler, Coordinator
Hilda Alicea, Secretary
Loren Moore, Press Operator

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October 1984

Friday, October 19, 1984 (cont'd)

COMMUNITY HEALTH NURSING PRESENTS
WHERE: NORBERT HILL CENTER - AT THE GYM
WHEN: 2:30 - 3:30 p.m.

A blood pressure clinic for all the walk-run participants and citizens of the Oneida Community. Come find out what blood pressure means. Contact Person: John Bell, 869-2711

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A WALK-RUN
WHERE: NORBERT HILL CENTER - AT THE GYM
WHEN: 3:30 p.m.

Walk/run for your health. A Walk-Run event culminating Human Service Awareness Week. This event is sponsored by the Oneida Alcohol and Drug Abuse Department, Oneida G.E.D. Program, and the Oneida R.N.I.P. Program. Let's all exercise together, compete together, and have fun together. Let's register! Contact Persons: Marj Stevens, Ricki Kempf, Jean Funk
Light supper to follow.

Take this to heart
Have regular medical check-ups.
WE'RE FIGHTING FOR YOUR LIFE
American Heart Association

Take this to heart
Exercise regularly.
WE'RE FIGHTING FOR YOUR LIFE
American Heart Association

Take this to heart
Have your blood pressure checked.
WE'RE FIGHTING FOR YOUR LIFE
American Heart Association

Thursday, October 18, 1984 (cont'd)

CHR's serve the Oneida community. They will gladly answer any questions concerning the services and the limits of service in which they serve. Contact Person: LoRayne Bargman, 869-2711

DENTAL CLINIC
WHERE: NORBERT HILL CENTER (STUDY HALL)
WHEN: 1:30 - 2:30 p.m.

The staff of the Dental Clinic will provide an informational workshop concerning your teeth. They will inform you what dental work can be done and how such work is done. Preventive dental care will be emphasized like how to clean your teeth and gums. Contact Person: Barbara Smith, 869-2711

THE ONEIDA OPTICAL DEPARTMENT PRESENTS
WHERE: NORBERT HILL CENTER
WHEN: 2:30 - 3:30 p.m.

A movie entitled, "Diabetes and Your Eyes," will be presented. This movie helps people understand the relationship between diabetes and eye care and problems. This is an important film for the Oneida community. Contact Person: Bob Gellert, 869-2711

FRIDAY, OCTOBER 19, 1984

FAMILY SERVICES DEPARTMENT PRESENTS
WHERE: ONEIDA COMMUNITY HEALTH CENTER CONFERENCE ROOM
WHEN: 9:00 a.m. - 12:00 p.m.

9:00 - 9:45 a.m. A information sharing about the Domestic Abuse Program including wife abuse, child abuse, elderly abuse and community abuse. Contact Person: Marlin Mousseau, 869-2711

9:45 - 10:30 a.m. A information sharing concerning discipline of your children or "How to Get Them to Behave". Contact Person: Bob Gellert, 869-2711

10:30 - 11:15 A workshop directed towards depression and anxiety. How to recognize such states of mind and what to do about them. Contact Person: Dick Wochenske, 869-2711

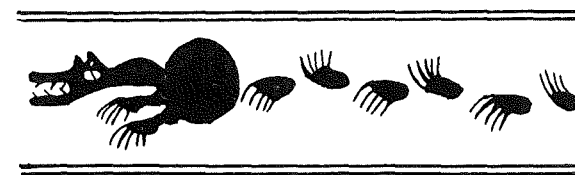
11:15 - 12:00 Indian Child Welfare Department presents an overview of the Indian Child Welfare Act and how it affects you, your family, and the law. A staff member of the Indian Child Welfare Department will be at the Health Center to discuss your concerns, answer questions you may have about foster homes and adoptive homes. Contact Person: Kathy King, 869-2711

RECREATION DEPARTMENT INFORMATION
WHERE: NORBERT HILL CENTER - AT THE GYM
WHEN: 1:30 - 2:30 p.m.

The staff of the Oneida Recreation Department will review where Recreation has been, what they are now doing and what in the future they would like to do. A chance for citizen input into Oneida Recreation planning. Contact Person: Cliff Webster, 869-2771



NATIONS INTERVIEW: CHARLIE HILL



Charlie Hill is a stand-up comedian/actor and an Oneida Indian who grew up in the Oneida Nation of Wisconsin, near Green Bay. Although the original home of the Oneidas is New York State, as Charlie satirically comments in his nightclub act, "After the Revolutionary War, we had a real estate problem that forced us to move West."

Like many performers, Charlie's need to effect audiences developed early in his life. After high school and radio broadcasting school, he became an early morning disc jockey on WBAY-FM in Madison. He studied acting at the University of Wisconsin and began polishing his craft with a local experimental theater group. Then a fortunate contact with the New York-based La Mama Theatre Company offered a European tour with one of their road companies, the Native American Theater Ensemble. Charlie found performing in English before European audiences a challenging communication problem.

On his return to the U.S., he moved to Seattle and worked with the Red Earth Performing Arts Troupe. With the next step, relocation to Hollywood, Charlie began to grow as a stand-up comedian. Influenced by Dick Gregory, Richard Pryor and Lennie Bruce, Charlie created his own material. Partly by design, partly by chance, he stepped into a void created because there had been no Native American humorist since Will Rogers, and because the American public began to be sensitive to all things Indian.

Charlie has been touring colleges and the comedy nightclub circuit around the U.S. On television, a stand-out appearance on a Richard Pryor TV Special brought him national attention and frequent guest spots on the Tonight, Merv Griffin, and Mike Douglas shows. He also had an important role opposite Lindsay Wagner in a "Bionic Woman" episode.

We met Charlie the morning after his successful show at the Daybreak Star Indian Dinner Theater in Seattle, midway between the alarm clock and an early flight to Los Angeles. Despite the rush, Charlie seemed relaxed and ready to talk. "The show last night was like a shot in the arm," he said. "I love to look out into the audience and see all those brown faces. Sometimes I get onto the stage in L.A. and go snowblind."

NATIONS: Does your material change when you travel to different parts of Indian country? That is, do your jokes change to suit the background of your audience?

HILL: At a lot of places I go there is usually a cross section of people. At the colleges there are people from different nations. I might make reference to a particular area or to a particular tribe from that area. But mostly I speak from my point of view as an Oneida. I can always adapt to an area, more or less.

NATIONS: You seemed to be having a lot of fun during your performance at Daybreak Star.

HILL: Last night I really enjoyed it be-



cause Phil (Lucas) was there and three or four friends from the acting company I was with in New York. We used to travel around the country — went to Germany once — and we did a lot of sketches and stuff. In a way, that was training for what I do now. I fused acting with comedy.

NATIONS: How did you accomplish that?

HILL: I used to go to the shows at night in New York and watch the comedians work and ask them questions. A few years later I started out in L.A. The first live comedian I ever saw was Professor Irwin Cory in Minneapolis. I put on a tie and jacket so that I could look old enough . . . ordering Southern Comfort and acting like hot shit. I had never seen a comedian in person . . . just records and TV. I sat through two shows.

NATIONS: Is it true that you never drink when you work?

HILL: I quit drinking when I started working in nightclubs. I did this for several reasons. In the log house we're not supposed to drink. I can't be traditional, but that's one thing I can abide by for my own self. And I felt that if I drank in clubs I would party too much. I'd have fun, but I wouldn't get any work done. Also, I didn't want to give wasichu the satisfaction of seeing that.

We can't have fun just going out. The white man wants to see a drunken Indian. It's part of the stereotype. Have you ever noticed that when Indians go to court, the

rhetoric in the newspaper always mentions 'warpath' or 'hostile' or something like that?

NATIONS: You seem to be walking the line between two worlds. On one hand you perform for Indian audiences all over the country. On the other, you perform in nightclubs and television shows for non-Indian audiences. Your material must change in those different situations.

HILL: It changes a lot. When I work with an Indian audience it's fulfilling, it's a different feeling. With an Indian audience — because it's our way — they will give you respect. In a nightclub with a non-Indian audience there is a vibration that says "okay, prove something to me." The ways are different. I do mostly colleges, sometimes clubs. The club I do most often is the Comedy Store in Los Angeles. That's my school. That's where I went after I left Red Earth.

But you've got to adapt to the room. I'm learning that with experience. For myself, I don't think I'll be really good until I get twelve to fourteen years experience. It's like being a quarterback or pitcher. . . you need seasoning. I'm learning on the way.

NATIONS: You have a talent that touches the audience. A woman in the audience last night said, "Every Indian is a comedian, but this one stands in the lights."

HILL: (Laughs) I wanted to be a comedian ever since I was a kid. I always wanted to do this. I dreamed about it. But I never did tell anyone.

NATIONS: Because it was embarrassing?

HILL: Yes. And besides that, it was so farfetched. It was like saying I wanted to go to the moon. When I was growing up, my mom liked to watch Ed Sullivan, and I used to watch the stand-up comics. It looked like a lot of fun.

My dad was a funny guy. He didn't go around being a clown like his son, but he used to tell jokes to my mom. She would never laugh when he told the jokes, but when we had company she would always repeat the jokes.

NATIONS: Is there a natural form of comedy among Indians?

HILL: In the Indian world there is an element of teasing. Everyone teases everyone. And nobody calls anyone by mister or missus . . . it's always a first name basis. Teasing helps keep everyone in line.

NATIONS: Did your sense of humor arise from that environment, or were you also influenced by non-Indian humor?

Wednesday, October 17, 1984 (cont'd)

ONE IDA TRIBAL SCHOOL INFORMATION

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 2:00 p.m. - 3:00 p.m.

The staff of the Tribal School will hold a workshop at this time to inform interested citizens of the Tribal School Program. Also, the future plans for the Tribal School will be discussed. Citizens of Oneida, this is your school. Find out about your school. Contact Person: Bill Gollnick, 869-2070

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COMMUNITY CANNERY PRESENTS

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 3:00 - 3:30

Staff members of your Community Cannery will be available to discuss the Cannery's goals & objectives. They will also discuss how to preserve foods, how to can foods, and how to create more nutritious meals for your family. Contact Person: Carol Elm, 869-2737

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THURSDAY, OCTOBER 18, 1984

ONE IDA HOUSING AUTHORITY AND TENANTS

WHERE: NORBERT HILL CENTER

WHEN: 10:00 a.m. - 11:15 a.m.

The staff of the Oneida Housing Authority will be available to answer questions community members may have on the rules and regulations of the Housing Authority. An opportunity to share, communicate and express information and concerns concerning housing. Contact Person: Mercie Cornelius, 869-2227

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CAREER DEVELOPMENT AND PLANNING

WHERE: NORBERT HILL CENTER

WHEN: 11:15 a.m. - 12:00 p.m.

The staff of the Career Development and Planning Office will give an overview of how they serve the Oneida community. Handouts will be available. Contact Persons: Thelma McLester or Julie Barton, 869-2343

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THE POSITIVE INDIAN DEVELOPMENT CENTER

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 12:00 - 1:00 p.m.

The staff of the Positive Indian Development Center will explain the goals and objectives of the Positive Indian Development Center. Contact Person: Mindimoie, 494-2961

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COMMUNITY HEALTH REPRESENTATIVES

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 1:00 - 1:30 p.m.

The staff of the Community Health Representatives Department will be on hand to explain how

Monday, October 15 cont'd

HOLISTIC HEALTH EXPLORATION

WHERE: IRENE MOORE ACTIVITY CENTER

WHEN: 5:30 p.m. Supper provided (Kentucky Fried Chicken)
6:45 p.m. Presentation

An introduction to Holistic Health to help you deal with apathy, depression, and to help you create a more meaningful life. Presentor: Edie Raether, a psychotherapist and lecturer. Contact Person: Bob Gellert, 869-2711

TUESDAY, OCTOBER 16, 1984

HOLISTIC HEALTH IN DEPTH

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 9:00 a.m. - 12:00 p.m.
1:30 p.m. - 4:00 p.m.

A whole brain approach to learning creative thinking and learning. Also techniques on motivating the unmotivated. Edie Raether will also present today's session - a dynamic person who will get you moving in the right direction. Contact Person: Bob Gellert, 869-2711

WEDNESDAY, OCTOBER 17, 1984

THE TRAILS PROGRAM

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 9:00 a.m. - 10:00 a.m.

A information workshop about the Trails Program, its goals, objectives and operation. This new program centers its attention on the youth of our community. Information to be presented by Cathy Delgado, Program Coordinator. Contact Person: Cathy Delgado, 869-2711

BIRTHING OPTIONS

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 10:00 a.m. - 12:00 p.m.

A discussion workshop to share information on birth options. Staff members of St. Mary's and St. Vincent's, staff members of the Oneida Community Health Center, and advocates of Mid-Wife approach to birth will lead a discussion of various birthing options. Contact Person: Mindimoie, 494-2961

DISEASE PREVENTION THRU NUTRITION

WHERE: NORBERT HILL CENTER (STUDY HALL)

WHEN: 12:00 - 2:00 p.m. (Lunch Provided)

After a light lunch, a workshop on how proper diet and nutrition can help you prevent disease and direct you toward a more wholesome lifestyle. Good food information. Contact Person: Helen Brown, 869-2711

HILL: Both. I used to collect jokes as a kid. I used to know thousands and thousands of jokes. It got so my friends didn't want to talk to me any more.

NATIONS: Couldn't get serious?

HILL: No, I think it was because they kept hearing the same stuff over and over again. But from doing that, from writing down all these jokes, I learned how to construct my own. When I started doing stand-up comedy and listening to different comics, I started to realize that they were all using the same jokes I had read in the books. They just dressed them up a little more.

NATIONS: Did they use the same book you used?

HILL: Yeah. It was 'How to Be the Life of the Party' or something like that.

NATIONS: Now you are accepted as a comedian in the non-Indian sense of the word, but you are an Indian who relates to Indian subject matter. Does that ever cause problems?

HILL: I'm a comedian. I express myself through my experiences, and anyone can label me any way they want. The first time in L.A. when I started getting up and doing it, people would say "What a great gimmick being an Indian!" I would say, "I can't help it. My parents made me this way."

That was a racist thing to say, but it was an unconscious thing. People say blatant things and don't even know it. Indians in children's school books are always seen with bears and trees. Most school kids know all about Indians without ever having met one. My father says there are too many people who are scholastically retarded. And they are calling the shots.

NATIONS: How do you prepare yourself for this kind of reaction?

HILL: I record all my stuff so that I can do my homework. Some nights I listen to a joke and ask, is it too intimidating for this kind of audience, or is it just that they won't understand it because their experience is different, or is it just not a funny joke? I find that when I'm talking to an Indian crowd it's like talking to your family. I can say all kinds of stuff without having to explain it.

With a nightclub audience it's like talking to fourth graders on certain subjects, I have to explain everything. But there are also things I can do there that I can't do here ... jokes about Hollywood Boulevard and other local things.

NATIONS: Did you pick up any of your

style from Richard Pryor?

HILL: When I was a kid I liked him. I saw him on the Ed Sullivan Show in 1966. The first time I met him I was doing my act at the Comedy Store. He came up to me and gave me a hug. He said, "You talk to them white people like they was dogs!" I had never heard that kind of compliment before.

NATIONS: Pryor has been of considerable help in your career development.

HILL: Later on I got to know him, and when he got his television show, he was going to put me on it. He let me do my stand-up. We went to this meeting with all these NBC people. They all had a lot of ideas, like "Gee, now that we've got this Indian we ought to put him in a Custer sketch" and so on. Pryor said, "Why don't you shut up and let the Indian talk for himself."

It got really tense in there. I didn't know what to do. I didn't know anyone there. Then Pryor turned to me and said, "You've got six minutes. You can do anything you want."

After we left the meeting he told me, "Look, I just put my ass on the line. You'd better be funny."

It was that kind of encouragement he gave me, more than anything. He's the best. It was like Mickey Mantle saying, "Hey, you've got a good swing." I psyched myself up for that show for two months. Quit smoking and started jumping rope

and running. It gave me a lot of confidence proving to myself that I could do it.

I started getting a lot more college appearances after that show. I find that the more experience I get, the more offers I get. The two go hand in hand. I am learning to take it slow. I was in a real hurry when I started, but I realize tht I have a long way to go.

NATIONS: How do you get most of your bookings? Do you work with an agency?

HILL: No, I book myself. My initial TV work I got myself. I have management that helps me get into big concerts or night clubs, and they also know the TV people, but eventually I will handle all my own bookings. It's like learning anything else. I don't think you need anyone except a good lawyer. No one cares more about your career than yourself.

NATIONS: How do you get yourself up for a performance? Any athlete has to get psyched up for an event before he or she goes out to perform. What do you do?

HILL: Well, there is an element of timing and confidence, and you have to know your plays before you go out on the stage. When you bomb, it's like losing the game.

NATIONS: Have you ever bombed?

HILL: I trained in bombing, that's part of the game.



by Lance Howland

James Madison and James Monroe couldn't be in Syracuse Wednesday, so dozens of lawyers and historians resorted to reading the founding fathers' mail during a court hearing on an Oneida Indians' land claim.

The language of a 1784 letter sent by Madison to Monroe was a topic of debate Wednesday, the first day of testimony in the hearing.

At issue is how the language of the Articles of Confederation applied to 1785 and 1788 treaties in which New York state purchased more than 5 million acres of land from the Oneidas.

Lawyers for the Indians claim that those treaties should be disallowed on the basis of the Articles, which were in force from 1781 to 1789.

Lawyers representing the class-action defendants, including landowners and 12 counties in Central New York, claim that New York was within its rights to buy the Oneidas' land.

In all, 18 lawyers listened to the debate in the federal courtroom of U.S. District Justice Neal McCurn. Also present were a handful of Oneidas from Central New York and Wisconsin, and several historians and political scientists who will be witnesses in the hearing, which is expected to last several weeks.

Very few court decisions have addressed dealings with Indians under the Articles of Confederation. Therefore, in an unusual court procedure, the judge is turning to historians to help interpret the intent of the framers of the Articles - including Madison and Monroe - and the Articles' provisions for federal authority over Indians.

Ralph Lerner, a political scientist from the University of Chicago, said the framers of the Articles were careful to appease individual states by not granting too much power to the Continental Congress. For example, Lerner said, the states insisted that the Articles protect their rights to negotiate treaties with Indians within their jurisdiction.

Under cross-examination by Arlinda Locklear,

lawyer for the Oneida Indian Nation of Wisconsin, the issue narrowed to the definition of whether an Indian tribe fell within a state's jurisdiction.

On that question, Locklear turned to Madison's letter, which discusses an attempt by New York state commissioners to negotiate a deal with the Oneidas while federal commissioners were concluding the 1784 Treaty of Fort Stanwix with the Indians.

"As far as New York may claim a right of treating with Indians for the purchase of lands within her limits," Madison wrote, "she has the confederation on her side, as far as she may have exerted that right on contravention of the General Treaty, or even unconfidentially with the Commissioners of Congress, she has violated both duty and decorum."

"The federal articles give Congress the exclusive right of managing all affairs with the Indians not members of any State, under a proviso, that the Legislative authority, of the State within its own limits be not violated. By Indians not members of a State, must be meant those, I conceive, who do not live within the body of the Society, or whose persons or property form no objects of its laws."

Locklear interpreted that 1784 letter to show that the founding fathers were against the type of treaties New York concluded with the Oneidas in 1785 and 1788.

Lerner had a different interpretation. He said he believed that Madison simply meant New York had violated the "duty and decorum" of a clause of the Articles promoting good relations among states - not that New York had violated provisions concerning Indian dealings.

The hearing is due to continue into next week, and then to break from Sept. 26 to Oct. 3. The break is for Locklear and defense attorney Allan van Gestel to travel to Washington, D.C., to make oral arguments before the U.S. Supreme Court Oct. 1 in a related Oneida Indian land claim suit.

The purpose of the Syracuse hearing is to determine whether the Indians can question the 1785 and 1788 treaties, during the period of the Articles of Confederation. The rest of this suit questions treaties the state concluded after 1789, when the U.S. Constitution took effect.

Presents

Human Service Awareness Week

The Oneida Tribe of Wisconsin has by tribal resolution declared October 15, 1984, to October 19, 1984, Human Service Awareness Week. To celebrate this important week, the following programs and workshops have been created by Tribal Human Service personnel for your knowledge, enjoyment and for your opportunity to participate.

MONDAY, OCTOBER 15, 1984

THE AMERINDIAN CENTER
WHERE: ONEIDA COMMUNITY HEALTH CENTER CONFERENCE ROOM
WHEN: 9:00 a.m. - 10:00 a.m.

The staff of the Amerindian Center in Green Bay will explain the goals and objectives of the Amerindian Center Program to serve and advocate for the Native American population in the Green Bay community. Contact Person: Shirley Hill, 437-2161

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ANNA JOHN NURSING HOME
WHERE: OCHC CONFERENCE ROOM
WHEN: 10:00 - 11:00 a.m.

Staff members of the Anna John Nursing Home will be available for any questions about the Nursing Home. We want you to know how the Nursing Home works and what services are available to you the people of Oneida. Contact Person: Rick Johnson, 869-2797

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ENVIRONMENTAL HEALTH AND UTILITIES PRESENTS
WHERE: OCHC CONFERENCE ROOM
WHEN: 11:00 - 11:30 a.m.

Staff members of the Environmental Health and Utilities presents information on community injury control, water quality, utilities operations, pollution, and answers to questions you the tribal members may have about the environment you live in. Contact Person: John Spangberg, 869-2711

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INCOME MAINTENANCE PRESENTATION
WHEN: 11:30 - 12:00 p.m.
Contact Person: Harriet Reiter, 869-2752 or 833-6841

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HEAD START PROGRAM PRESENTS
WHERE: OCHC
WHEN: 1:30 - 2:00

A workshop explaining the goals and objectives of the Head Start Program. What is Head Start? Why is Head Start? These are questions that will be answered and more. Contact Person: Mary Ellen Hayes, Carol Robelia, 869-2792

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MEDICAL CLINIC ANSWERS YOUR QUESTIONS FROM 2:00 to 2:30



Actor Will Sampson, Jr., as Chairman of the American Indian Registry for the Performing Arts, heads the drive to bring more American Indian film professionals into the movie industry.

The popularity of the "Western movie", one of Hollywood's earliest creations, was probably the greatest single spur to the explosive growth in the twentieth century of the American film industry. But while most of America thrilled to the battles of "cowboys and Indians" on the screen, Native Americans were being dealt a double injustice.

The first, most visible injustice was the firm fixation in the mind of the public of the "wild West" Indian stereotype. The second, and the one which today concerns Indians and film producers alike, was the engenderment and perpetuation of a pattern of excluding Native Americans from all aspects of the movie-making process — even from playing Indian roles.

Major strides toward correcting those aberrations, however, are being made by the recently formed American Indian Registry for the Performing Arts. The Registry acts as a liaison between professional Indian performers and creative technicians, and producers and casting directors.

The Registry recently celebrated its first landmark achievement, with the presentation to the president of the Screen Actors Guild, and the president of the Motion Picture Association of America, of the first copies of *The American Indian Talent Directory*. The directory will for the first time provide studios, independent producers and casting agencies with a comprehensive listing of Indian professionals in the fields of acting, sound and lighting design, cinematography, producing, directing and film-marketing and promotion.

William L. Engles, Commissioner of the Administration on Native Americans (ANA) of the Department of Health and Human Services, participated in the presentation, which took place on June 12 at The Burbank Studios in Burbank, California. The Registry was the recipient last year of a \$63,520 grant from the ANA.

The focus of the Registry is on jobs — creating employment opportunities that would

otherwise go wasted for the many unemployed and underemployed American Indian performers and performing arts technicians. Chairman Will Sampson, a member of the Creek tribe who is best known for his role in *One Flew Over the Cuckoo's Nest*, says the Registry is dedicated to "bridging the gap between hundreds of highly talented Indian performers and technicians in the field who are looking for work in our business but can't find it, and the producers, directors and casting agencies who have the work but can't find them."

"Uniquely talented and able American Indian musicians and dancers, actors and film-making professionals live in cities and on reservations across America," Sampson explained, adding, "these people would make a welcome addition to our performing arts community, if someone out there takes the time and trouble to show them how the community works — how to find a job or role, how to audition, and so forth."

Joining Sampson on the Registry Board of Directors are Tenaya Torres,, a Chiricahua Apache, Carole Marie, a Chickasaw/Cherokee, and Phil Lucas, of the Choctaw tribe. Torres, herself an actress of the screen and stage, points out that "to this day, movies with Indian themes are often made with

non-Indians cast in Indian roles, and with little effort to seek out and really use Indian tribal input on the historical and cultural authenticity of the setting and story-line."

With the advent of the new talent directory, however, the presence of the Indians will be felt more and more, and producers and other film professionals have voiced enthusiasm over the mutual benefits that can be reaped by the inclusion of more Native Americans in the movie-making industry.

Another current project of the Registry is holding workshops on employment prospects and processes in the industry in Los Angeles, New York City and throughout Indian country.

ANA Commissioner Engles is firm in his belief that the Registry will in the long run greatly enhance employment opportunities for American Indians in the performing arts. "The success of the American Indian Registry for the Performing Arts will be felt in many Indian communities across the country," he says.

For more information on The American Indian Talent Directory, contact Zoe Escobar, Executive Director, American Indian Registry for the Performing Arts, 3330 Gorham Blvd., Los Angeles, California 90068, (213) 851-9874.

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ONEIDA HUMAN AWARENESS WEEK
October 15-19, 1984

Sponsored by: COMMUNITY SERVICES BLOCK GRANT-ONEIDA
Human Services Support Group

The Human Services Support Group of the Oneida Tribe is a concerned group of people whose functions include providing programs and activities to meet the mental, physical, social and cultural needs of the Oneida community.

During Oneida Human Awareness Week we are sponsoring a variety of special community events to draw attention to the many services which the Tribe offers its people. The Walk/Run is just one of these many activities.

So, put your best foot forward and walk/run for the health of it. Treat your eyes to the beautiful autumn colors; your ears to the rustling leaves; your body to the benefits of exercise; your lungs to the crisp, fresh air and your heart to the brisk beat of good physical conditioning.

JOIN US to help promote an awareness of the great wealth of human services provided for you and others in Oneida.

NON-COMPETITIVE - WALK/RUN Road Race - NOT ENTRY FEE - 1 Mile Walk or 3 Mile Run

Friday 3:30 P.M. Sharp Raindate: Friday, October 26, 1984
October 19, 1984 Pre-Register: Via mail and on day of event in NHC gym 2:30 - 3:00 P.M.

AWARDS: FREE T-shirts provided by Oneida Recreation for those that participate. Light meal at end of Walk/Run in Norbert Hill Center Cafeteria

Send entry to: GED, P.O. Box 365, Oneida, WI 54155

Start/Finish Walk - Norbert Hill Center Parking Lot to Commission on Aging and back.

Start/Finish Run - Norbert Hill Center Parking Lot to Site I and back.

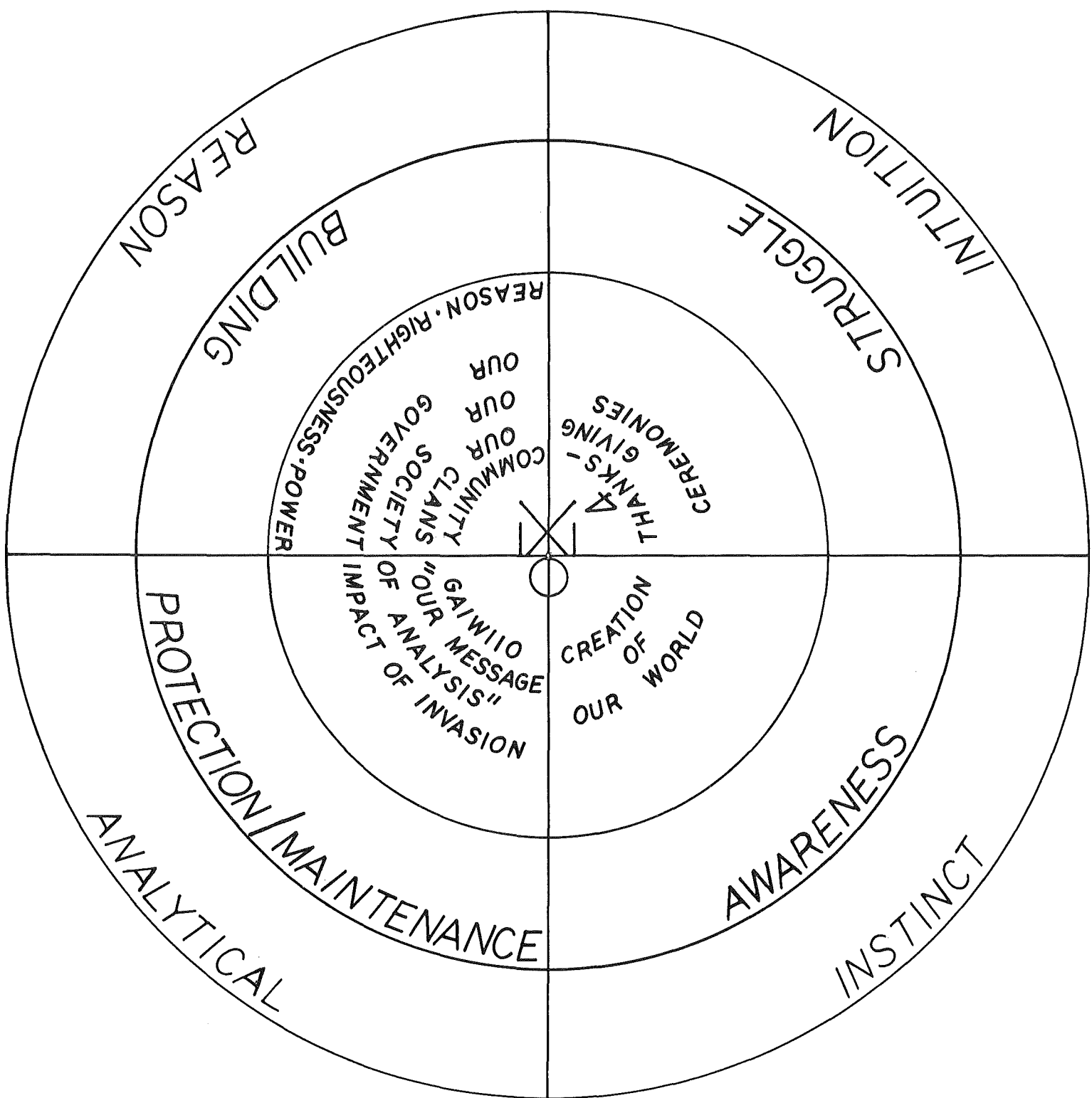
REGISTRATION FORM

NAME _____ PHONE NUMBER _____
 ADDRESS _____ AGE _____ SEX _____
 SHIRT SIZE: AS AM AL AXL AXXL
 WALK/RUN Road Race (Check One) 1 Mile Walk _____ 3 Mile Run _____

In consideration of the acceptance of my entry in the Walk/Run I, the undersigned, on behalf of myself, my heirs, executors, administrators, and assigns, hereby release and discharge the Oneida Tribe from any and all claims for damages, demands, and causes of action arising from or out of my participation in the aforementioned walk/run.

I do attest and verify that I am physically fit and that I understand the inherent dangers of participating. I certify that I have read, understand, and agree with all the terms of this release, and intend to be legally bound thereby.

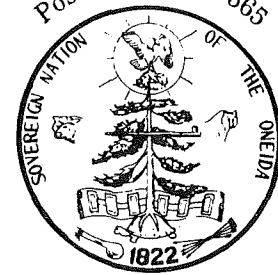
SIGNATURE _____
 PARENTS SIGNATURE _____ (If under 18)



Onondagoes bringing several hundred bags of corn to Washington's starving army at Valley Forge, after the colonists had consistently refused to aid them.

ONEIDA COMMUNITY HEALTH CENTER

Post Office Box 365



Oneida, WI 54155



UGWA DEHOLUH YATEHE
Because of the help of this Oneida Chief in cementing a friendship between the six nations and the Colony of Pennsylvania, a new nation, the United States was made possible.

414-869-2711

SPECIAL NEEDS FOSTER HOME

There is a need in our community for Oneida foster homes which will take in youth 15 and older with special behavioral needs. The following provides information for anyone interested in this type of foster home:

Home for one to four youth
Must meet licensing requirement for foster home. Most ideal setting is an Indian foster home so that Indian youth with special behavioral needs can live and grow in an Indian community. Structured, highly supervised activities for youth in free time and tracking of activities. Predictable consequences for behavior problems.

Brown or Outagamie County will pay \$500 a month subsidy for each bed that is set aside whether or not a child is in your home. In addition, you will receive a foster care payment for each child living in your home.

If you're interested in serving as a foster home for this special needs area youth please contact Kathy King, Coordinator or Sandra Hill, Child Care Worker, Indian Child Welfare Program Oneida Community Health Center; P.O. Box 365; Oneida, Wisconsin 54155; (414) 869-2711.

or

Earlene Ronk
Brown County Department of Social Services
300 South Adams Street
Green Bay, WI 54301
(414) 436-7050

fathers can be loving, dependable parents too.

In addition, a father plays a major role in his toddler's life whenever he performs managerial tasks associated with child rearing. For example, a father might regularly take charge of dinner (not just help with a few mouthfuls), give baths (not just look in on the activity), or put the kids to bed. What is essential is to show in practice his good judgement and skill in activities that are important to his child - however routine they may seem. Toddlers understand a great deal, and they sense whom they can trust and depend upon at crucial times. It is worth all a father's effort for a toddler to have both a mother and a father to fill that role.

WHEN CHILDREN WORRY

by Joan Costello

"What if I get sick in school and you're not home when I call?" seven-year-old Betsy asked anxiously as her mom tucked her into bed for the night. Betsy's question reflects a concern common to many middle-years children - personal safety. Most likely her mother can alleviate her fears, in this case by simply reassuring her that she will be taken care of. A specific answer such as "Call Aunt Carol or Mrs. Jones, and the school nurse or principal will take care of you in the mean time" addresses the issue directly and should put the little girl's mind at ease.

More complicated are questions slightly older children might ask. For example, when a child inquires if his mother would ever marry again were she to divorce, it is more difficult to assess what he is really trying to find out. Is the child simply curious about the parents of a friend who have separated, or is a friend of his upset because of a new step-parent? Is he asking if his own parents' marriage could break up or wondering if his feelings would ever be taken into account if his parents were free to date and marry again?

The significance of "what if" questions.

Because well-disguised worries underlie many of children's what if questions, parents should answer them thoughtfully and not try to postpone them. This may be difficult sometimes, since many such inquiries arise out of the blue, catching adults by surprise and provoking offhand or hasty replies or even dismissals. But these types of questions should not be taken lightly. They not only reflect worries a child might have but also signal the fact that a child is taking actions and consequences seriously by con-

sidering alternative strategies. What if questions are actually by-products of children's efforts to gain mental control of actions, thoughts, and feelings. And although they may seem like needless worries at times, they are signs of a growing person's ability to anticipate and prepare for unexpected or trying events. In this respect worrying can be a useful if not altogether pleasant aspect of growing up. Middle childhood should not be entirely protected and carefree, nor should it be a period of constant fear and dread. It is a wonderful instinct of parenthood to try to worry for our children, but ultimately they have to learn how to face and cope with life's difficult and unexpected turns. It is better, therefore, to give children the tools to think about and master life's challenges than to tell them simply not to worry. Often it is the children whose parents try to reassure them most by discouraging any talk of worries that are most anxious. Children who feel free to discuss their concerns, both silly and serious, are usually better off.

Problem solving. One of the best ways to teach children how to deal with matters they may be worrying about is to set a good example. Sharing some - certainly not all - all of your concerns with your children, describing what options you have and the different courses of action you may take either to prevent a difficult situation or to cope with one, provides a useful lesson in constructive problem solving. It may be very frustrating for a child to see a parent who is obviously troubled but claims nothing is wrong or shares very little of what is actually going on. The child, unable to see the complete picture, may very well imagine the worst. It is far better to let children in on some of your thoughts and feelings to show them how other people deal with worrisome situations.

When worries become debilitating. Like adults, some children worry more than others. If your child seems particularly upset about something, though, talking it over might help; perhaps much of the unrest is due to insufficient information or the fact that all the choices appear scary. If, however, your child is persistently bothered by a certain matter and answering repeated questions about it does not help, the expressed worry may be masking another issue of which the child may or may not be aware. Professional help may be needed to determine the source of the problem and the best means of dealing with it.

INTRODUCTION

In the last article, the news of Gaiwio was introduced to the Community. After reading the article, we had a discussion that centered around a question of where does this message of the tradition fit into our everyday lives? How does it apply to working and living in a community that is at the threshold of a 100,000 population metropolitan area? As we searched through the multiple answers to these questions, we realized that the message of Gaiwio needs to be placed sequentially to the 3 messages that precede the Gaiwio "the Good Message". We also came of the mind that geographical locations is really insignificant in that 16 of our 18 Iroquois communities are located in very close proximity to a major urban area. We find ourselves always trying to isolate our teachings, confine them to specific places or happenings. We have to find ways to allow our thinking, our philosophy to speak to all areas of our lives.

Now, this event called Gaiwio, "Good Message" is the most recent event in the history of our people. This message came at a time that our people were experiencing the height of an invasion of their world by the non-Indian. Until that time, the messages we received spoke specifically about our duty to communicate and relate to the natural world around us. The Creation story, the First message, speaks to our basic instinct that our world was made by a power beyond our memory. Within this explanation of the making of our world, we see the significance of strawberries and tobacco in that they came from the land of women that began this world. We know that as she began this world, she also gave birth to a girl, who in turn gave her life to her two sons. The

girl gives us the gift of the Corn, Beans and Squash which sprang from her heart as she was put to the ground. Her existence and her continued relevance to our present reality is that our women are the provider of sustenance, Life itself, the Mother of the Earth. Her sons became the representatives of all creation; those elements of our world that were made in Balance, in relationship with one another. Each took their turn in providing our world with a memory of their experience in making or creating our natural world. At the same time, the power of our medicine societies were also revealed to us. The animals reveal their power to us and allow us access to their assistance in having a working relationship with the natural world.

Now this message alone is strong and stands as the cornerstone, an awareness that our existence is connected to all elements of this world that was created. This serves only as a reminder that our opening address of thanksgiving speaks to this time when all creation was beginning; an awareness that is rekindled each time we speak to all of creation.

The second message speaks to the intuition of the people. As we behold the beauty and wonder of the natural world today, we seek out ways to give back our gratitude for the gifts of the natural world. This seeking, if we were to track its origin, would lead us to a time that our people devote a great deal of time in giving our words of thanksgiving for the earth supporting our existence. We must be able to

see that our people were given the ability to take from creation. Hunting, growing food, gathering berries, medicines, building houses and villages are all forms of taking from the elements of creation. The seeking was our intuition that spoke to our need to give back, our instinct beckoned our attention that this relationship should continue with the natural world. Our struggle to find ways to give back our thankfulness for the gift of creation enabled us to receive the message of four thanksgivings. Four specific ways for our people to give back their feelings for the life that the natural world has supported. The Feather Dance - speaks to our need to give back our gratitude for being a part of the making of this world. The Hautuwah is our personal thanksgiving song for walking the earth; when we sing this song it's proclaiming to the members of the natural world our gratitude for our time on this earth. The Drum Dance is our thanks to the things around us. Our ability to communicate to all the elements of creation. The fourth, the Peachstone Game, our ability to relate to other human beings, our gratitude that we share this experience with our people - "ukwehoweh" - one with everything.

The second message speaks to our need to struggle, to seek ways that will give back our gratitude for our existence in this world. The third message comes to our people out of reason. We now, at this time, must refine our need to exist with one another. The Great Law came to our people as we sought out ways to build ourselves and our communities to be consistent with the natural world. The message speaks of three concepts that we are still working to find their way into the minds of the leadership of belligerent countries today. Peace, is still in demand today, yet few people have ever ex-

perienced the feeling and sound of peace. Our people can draw on a time when peace was among their villages and as well as the creation. Power, the second concept is not to be confused with strength to over-power. Power is the acknowledgment of the force of creation, the energy that moves creation itself. Power within people gives us the clear thinking to lift each other's spirit, provide guidance to one another as well as hold anger and fear outside our circle of human beings. Righteousness - our ability to hear each other. As we see one another we must be able to help each other; hold out our hands to give support.

We also see that this Third message gives us a few more tools to help our people work with creation. The clans, give us the strength to use the power of our animal relatives to support our efforts to accomplish the three concepts we spoke of earlier. The Cheifs, Clan Mothers, Faith Keepers positions provide a foundation for the work of the people to nest upon. The positions speak to a time when our people were building their spirit and efforts to keep the people growing around their understanding of creation. The third message still holds together our existence today. We look toward the peace, power and righteousness of our world and give our children the identity of ukwehoweh - one with everything. We are able to give them hope, that they will be able to allow hope to grow to understanding.

Finally, the fourth message - Gaiwio - is our analysis of the "invasion" of our world. How has the cornerstones held up when challenged? We look at the messages contained within the five days of Gaiwio, which

a contract together that specifies each chore or behavior, when and how it must be done (don't demand perfection). Assign one to ten positive points to those to be encouraged and one to ten negative points to those to be discouraged. Agree on what points can "buy" at the end of the week (25 points earns a night out; 5 points are worth \$1).

Carry out consequences calmly, quickly, consistently, and without discussion. Also, praise good performance, and offer special surprises (a movie, dinner out) for exceptional weeks.

Do not nag, remind, lecture, or permit exceptions ("forgetting" is a violation). If the system doesn't work after a few weeks, revise by agreement - but keep it simple. Devise a way for your child to work his or her way off the system.

If you are always yelling at each other, if you are unhappy every day, or if your youngster is constantly sad or depressed, seek professional help.

FATHERS ARE IMPORTANT, TOO

By Janice Gibson

Gary Johnson and his wife, Becky, knew when their son, Jake, was born last year that they each wanted as much involvement as possible with his upbringing. So Gary, a graduate student at the University of Pittsburgh, and Becky, a teacher at the Western Pennsylvania School for the Deaf, scheduled their working hours so that they could share Jake's care. Becky teaches every weekday morning, so Gary stays home. He studies, part of the time, and does laundry, washes dishes, makes beds, cooks - and feeds, changes, bathes, hugs, and plays with Jake. Becky takes over in the afternoons and evenings while Gary goes to the university.

Gary and Becky's arrangement is, of course, unusual. In virtually all societies mothers - not fathers - play the primary role in both childrearing and domestic work. In fact, psychologists discovered a decade ago that American dads interacted with their children an average of only a few minutes a day.

Even if they want to, few dads can be as involved with their young children as Gary Johnson. But unfortunately many fathers still come home at the end of the workday

and instead of trying to share their children's activities, they merely inspect their offspring before they go off to sleep and only occasionally take over some tasks in order to "help out." This happens especially when the kids are young, until they're old enough to take fishing or play softball with.

Fathering helps toddlers . . . It is now recognized that loving attention from fathers (just as from mothers) has definite advantages. At the very least, fathers and children who don't interact a great deal miss out on a lot of love. But toddlers profit from attentive fathers in a number of ways:

- They develop an increased sense of being loved and this makes it easier for them to learn to trust others.
- Because they get to know their fathers well, they develop important emotional attachments to them - necessary for the process of imitation and identification that is the base for social learning later in life.
- They discover in concrete ways what the role of a man - and father - is. Boys have a real model whom they can imitate, learning to become warm and affectionate men themselves.

. . . and is good for parents, too. When a father shares in family and child-rearing activities, both parents have greater opportunity to understand and respect each other's role in their partnership. For a father there is a special advantage: learning to free oneself from the sometimes constraining stereotype of what a "man" is supposed to be in American society - someone who shouldn't play, cry, be gentle, or show affection.

Special moments - and daily chores. There are many reasons most American fathers can't spend more time with their toddlers. Often the amount of work or the inflexibility of work schedules limits the time available. But fathers who work fulltime outside the home can still play a major role in their children's development (just as working mothers do) if they make themselves available to provide love and attention at special moments.

Special moments can't be forced, but a father who answers distress calls in the evening and on weekends without waiting for mother to respond or accepts a child's invitation to cuddle or read a book demonstrates that

Have clear, consistently enforced rules.

Make clear the "standing rules" that are enforced without warning ("Stay out of the street").

Plan ahead to avoid problems (keep breakables out of reach; have your child select clothes to wear the night before).

Keep the number of rules and commands manageable. Ask yourself: "Is it really necessary to clean up the room every night, eat everything at every meal?"

Make short, single, specific requests ("Please put your toys in the box now"), and give your child time to respond before talking further.

Be consistent from day to day in rules, policies, and discipline. When a new question comes up, discuss it with your spouse before deciding, if possible.

Praise your child for following rules and your requests.

Appropriate discipline.

For minor problems, try:

A firm "no" plus diverting attention to a new activity for very young children. Make sure your child knows exactly what to do.

"Planned ignoring," in which you turn your head and eyes away or leave the room. Good for nuisance behaviors (silliness, sassy talk). But once you ignore, don't give in.

"Overcorrecting" some behaviors by having your child practice the acceptable behavior several times (closing the door quietly ten times), but don't overdo this.

Denying TV or other privileges or withholding something related to the inappropriate behavior ("You may have dessert when you say, 'please.'"). For major problems, try "time out."

Warn (except for standing rules) once and only once that the next time disobedience will lead to time out.

If your child obeys, praise and hug; if not, place her in a specific prearranged chair in an isolated, bare corner for three minutes (young children) or five minutes (older) - never more.

Punish getting out of the chair by adding another three minutes. When time is up, but only after your child has been quiet for 30 seconds, bring her back to the original situation. Reward obedience.

Be calm, firm, and consistent.

Middle Years to Adolescence:

Build a positive relationship.

Do mutually enjoyable things together often, (shopping trips, board games). Go to your child's school activities.

"Actively listen" to your youngster almost every day. Do not suggest, instruct, or judge at this time. Instead:

"Reflect on" what your child says ("You sound very upset").

Help your youngster solve problems by having him suggest alternative courses of action ("What could you do about that?") and anticipate possible consequences ("What might happen if you did that?").

Discuss but don't lecture. Express your opinion with "I messages" ("I get upset when you are out late"). Don't accuse - listen.

Rules and consequences.

Be organized. Have regular meals and routines.

State, perhaps in writing, the house rules and specify what happens when they are violated.

Do this cooperatively with your youngster. Negotiate now, not later, do it in several sessions.

Be specific (No watching TV after dinner Monday through Thursday until all homework is completed, checked by Mom or Dad, and corrected.")

State exactly what happens if a rule is violated ("Staying out past curfew results in staying home the next weekend"). Possible consequences are loss of TV or telephone; additional work duties matched to the severity of offense; grounding in some severe cases.

For problems with chores and irritating behaviors (swearing, sassy talk), write out

will be in Oneida, Wisconsin October 25-29, 1984 and we are reminded of the first three we were given. The messages tell of conditions that have existed within our world since the invasion. The old adage "that we have to learn to live with the whiteman" is heard no place stronger than in the Gaiwiiio. Yet, it is extended in a manner that we must not forsake our identity, our future in order to co-exist within the natural world with the white man. A strong explanation is given on ways that we can strengthen our world and give a better world to our children. This fourth message is a message of analytical thinking on how we maintain and protect our world. In order to fortify our identity, we must maintain all efforts that focus on our ability to protect our existence. The Gaiwiiio is a message that speaks to the reality of our existence presently, although the setting is the late circa 1700, we see the strength of the messages provide a basis to understand the confusion that has existed in our world since the invasion. The messages reinforce our efforts to keep that which is ours and use all of our tools to maintain our hope that our language and identity will be protected from becoming extinct. We must use our philosophy, our own thinking to build more awareness to maintain and protect our future.

These four messages are strong enough to stand by themselves, yet when combined, we see the strength of our world and how we have kept our own thinking as ukwehoweh.

LETTER FROM ARTSTREET DIRECTOR

September 11, 1984

Oneida Tribal Office
Oneida, Wisconsin 54155

To Oneida Tribal Members:

The Native American participation in the Artstreet Festival last August 25 and 26 was a very important contribution to the success of Artstreet '84.

We were very pleased to have Oneida dancers and artists sharing their talents with other artists during this regional arts festival.

The Artstreet planning committee was fortunate to have Mary Greendeer join us in our nine month planning and we think she did a wonderful job coordinating all the Native American talent.

We are pleased that Artstreet could provide a place for talented Oneidas to join with other artists in making the festival a fun and interesting place to be.

Sincerely,

Polly O' Brien
Artstreet Director



WIN A TRIP TO NEW YORK!!!!
SELL AVON FOR CHRISTMAS.
CALL 499-7528 FOR INFO.



LOANS

The Brown County Housing Allowance Office is administering a Small Cities Community Development Block Grant which will provide zero interest loans to low income homeowners. Monies can be used for home repairs such as improving insulation, roof repairs, etc., and for making homes more accessible.

75% of the money will be directed to the target area of the Villages of Howard, Pulaski, and Denmark and the Town of Hurbolt. 25% of the money will be directed toward other communities excluding Green Bay. The loans are designed for low income homeowners. Examples of income levels are: \$11,750 for a family of 2 or \$14,700 for a family of 4. The loan would have to be paid back at the point the house was sold.

The HAO is also administering the Rental Rehabilitation Loan Program which will allow landlords to make repairs to units they rent to families eligible for Section 8. If the loan is approved, HAO will cover 1/3 of the loan and it may be paid back at zero percent interest until the balance of the loan is paid or 15 years have elapsed, whichever comes first. Then 5% interest would be charged.

For more information on either program, call Kathy Vanden Berg at HAO at 435-7561.

DIET vs TEETH

Do you think that a diet rich in fresh produce is insurance against tooth decay? NO, it is not! Binges of fruit and juice work like candy to weaken the teeth.

Some fruits, such as bananas will rot the teeth and many other fruits will do the same. Vegetables, however, appear harmless and occasionally are protective of teeth.

Vegetables, unlike fruits and pastry, tend to provide little sugar, the material tooth bacteria turn into acid, which causes tooth decay.

But, even without tooth bacteria, some fruits have enough enamel-dissolving acids of their own. Lemons and grapefruit are at the high end of the corrosive spectrum, prunes and tomatoes are at the low end. Juices are generally more destructive than whole fruit. Babies left to doze while sucking on juice in bottles, can develop extensive decay.

An old wives tale that if you chew on produce to clean your teeth, is not exactly true -- it is more effective to rinse your mouth with water than to chew an apple or carrot.

There are some very good vegetables that do have positive contributions to dental health:

Rhubarb juice appears to coat enamel with a protective mineral compound.

Wheat germ or bran, peanuts and walnuts, all act as a buffer against acid.

Among spices, sage and garlic inhibit the fermentation of sugar into acid.

Thyme slows the acidic dissolution of the enamel.

We do not dispute the nutritional values of fruits and vegetables, nor do we advocate the abstinence of bananas...

But from a dental standpoint, fruits and juices may be harmful to your teeth if the fruit and juice sugars are not thoroughly cleaned from your teeth.

Barbara J. Smith
Dental Hygienist
Oneida Health Center

WINNING WAYS TO TALK WITH
YOUNG CHILDREN

Talking with children involves the exchange of words, ideas, and feelings between two people. Communication is what we say and how we say it. We communicate with looks (scowls and smiles), with actions (slaps and hugs), with silence (warm or cold), as well as with words (kind and unkind).

Adults usually do not have any difficulty communicating with children when it simply involves giving directions on how to use scissors or explaining the danger of cars, but they do have difficulty communicating when feelings are involved--either the child's or their own.

Good communication leads to: warm relationships, cooperation, feelings of worth

Poor communication leads to: kids who "turn off" adults, conflicts and bickering, feelings of worthlessness



Taken from the April 1984 WEX edition

The following articles are taken from PARENTS, October 1984:

TIPS FOR ENCOURAGING OBEDIENCE

Preschool to Middle Years:

Build a positive relationship.

Spend some special time with your child every day. Let your child lead; you follow or imitate, without giving commands or asking questions.

Verbally praise and physically hug your child for obedient and helpful behavior (playing quietly alone, cleaning up, eating without fuss). Specify what you appreciated: "I liked how you put all the dolls on your shelf so neatly."

UPHOLSTERY
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Location: Multi-Purpose Center
Hours: 12:00 - 4:00
Call 869-2448

Summers Jewelry Sale

The jewelry I sell is made by the brands of the Navajo & Zuni. I get my jewelry wholesale, which means I can have lower prices and save you money. Call or stop by and look at my catalog.

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Seymour, WI 54156

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**OPEN TUESDAY — SUNDAY
CLOSED MONDAYS**
Hall for Rent: Call 869-2974
Floyd & Loretta Metoxen
Proprietors



CARROT-CHEDDAR CASSEROLE

Combine in mixing bowl:

- 3 cups cooked, mashed carrots (about 1½ lbs)
- 3 beaten eggs
- 2 cups milk
- 1 1/3 cups crushed crackers (reserve ¼ cup for topping)
- 2-3 Tablespoons softened butter
- 1 1/3 teaspoons salt
- dash pepper
- 1 Tablespoon chopped parsley

Mix well. Turn into greased casserole and sprinkle with reserved crumbs. Bake 30 minutes, or until knife inserted comes out clean. Mash drained carrots easily by whirling in blender with eggs and milk.

CARROT-RAISIN SALAD

- 2 cups shredded raw carrots (about 6)
- ½ cup raisins
- ¼ cup mayonaise
- ¼ cup low-fat yogurt
- 2 Tablespoons lemon juice

Scrub and scrap carrots. Shred 2 cups. Combine with raisins. Mix mayonaise, yogurt and lemon juice. Pour over salad, mix thoroughly.

DON'T SAY YOUR CHILDREN DON'T LIKE SQUASH UNTIL YOU'VE TRIED THIS RECIPE . . .

STUFFED ACORN SQUASH

- 2 Acorn squash
- 1 cup applesauce
- 2 teaspoons brown sugar
- 4 teaspoons margarine
- cinnamon

Cut each squash in half lengthwise, scoop out the seed and pulp. Place halves, cut side down, in a shallow baking pan. Cover bottom of pan with water. Bake squash at 400 F for 50-60 minutes or until tender. Turn squash over. Fill each squash with some applesauce and brown sugar, dot with margarine, sprinkle with cinnamon. Continue baking 15-20 minutes longer.

Yield: 4 adult servings

WELCOME TO OUR WIC BABIES!

- Ieland.....Karla Reiter
- Sandra Lee.....Doreen Reed
- Joyce Jean.....Doreen Reed
- Crysula Ann.....Lobby Harms

PUMPKIN DESSERT CAKE

Children are seldom delighted with pumpkin pie. This recipe lets you have your traditional pumpkin dessert, but in a form your children will love.

- 2 cups sugar
- 1 can of pumpkin (15oz)
- 2 cups flour
- 2 tsp. baking powder
- ½ tsp. salt
- Optional: ½ to 1 cup chopped nuts, ¼ cup wheat germ
- 3 eggs
- 1 stick melted margarine
- 1 tsp. soda
- 1 tsp. cinnamon

Mix above ingredients and bake in an 11" X 17" pan at 350° for 35 minutes or till firm. Or if you prefer, make drop cookies and bake for 10 minutes at 350° for a delicious soft cookie.

And to top off this cake, try the following CREAM CHEESE FROSTING:

- 3 oz. cream cheese
- 6 Tbsp. butter or margarine
- 1 tsp. vanilla
- 1 Tbsp. milk
- 2-3 cups powdered sugar

Mix above, and spread on cooled cake or cookies. Extra frosting makes an excellent filler between two graham crackers.

WIC CHECK PICK-UP DATES

Oneida Community Health Center
824 Double E Rd.
DePere, WI 54115

Monday, November 5, 1984
Tuesday, November 6, 1984

8:30 a.m. to 5:00 p.m.

OUT POST
Corner of 9th & Broadway
Green Bay

Friday, November 9, 1984

9:00 a.m. to 4:00 p.m.

Late check pick up day: Wednesday,
November 14, 1984

GALLERY EXHIBITION AT
UW-STEVENS POINT

A gallery exhibition of the traditional arts of the state's Indians is planned for Oct. 8 to Nov. 2 at the University of Wisconsin-Stevens Point.

The invitational show, which is still being arranged, could feature as many as 70 pieces of bead and silver work, basketweaving, wood-carving and drum making.

A public reception for the artists will be at 3 p.m. Sunday, Oct. 7, in the gallery of the Professional Studies Building.

Professor David Wrone, a historian who, among other areas, has become a specialist on the history of American Indians, initiated plans for the show and is serving as its director. Several components of UW-SP are assisting in the sponsorship under the aegis of the Office of University Relations.

Wrone contends that the public is generally familiar with the art of the Pueblos and Plains Indians "but here in Wisconsin we have very significant art forms not widely appreciated or even known."

He says that cultural systems and such things in nature as the maple leaf and flowers have influenced the native art.

Most of the artists invited to submit works are senior citizens, though one is in his 20s. The oldest person is in her 90s.

The professor believes traditional Indian art is in jeopardy because few younger people are pursuing the study of it with their elders. He said he hoped the show would be an incentive for would-be artists.

Though displays of Indian art are not uncommon, Wrone says those which feature traditional Indian art are.

* * * * * ATTENTION * * * * *

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COLUMBUS DAY

Most nutritionists will tell you that vitamins aren't needed and we should get our nutrients from food, not pills. And it makes sense, if we were meant to take vitamins to survive, then such a thing would have existed naturally.

What nutritionists are definitely opposed to are vitamin overdoses. It is true that large amounts of vitamins, (fat soluble vitamins A, D, E, & C in particular), can be harmful. The "ideal" would be receiving the nutrient needed by our body via good wholesome food. The truth is, a smaller and smaller percent of the population eat well.

Current research and United States Dept. of Agriculture (USDA) Food Consumption Surveys indicate a significant percentage of the population ingests inadequate levels of particular nutrients. Vitamin A, C, B6, Calcium and Iron were the primary nutrients found in inadequate amounts.

The researchers also found particular groups of people at risk. These groups include:

- * many infants, women in child-bearing years, pregnant and lactating women and the elderly living in poverty increases the vitamin deficiency risk.
- * Adolescents, especially those consuming meals away from home
- * Alcoholics, smokers, and chronic users of certain medications
- * dieters, food faddists, strict vegetarians

It doesn't mean you have a vitamin deficiency if you fall into one of these categories. Poor nutrition status may not appear until a person has 2 or 3 or the above "risk factors".

If you feel you need a vitamin, ask your doctor or nutritionist. I must repeat that you certainly can get the nutrients you need from food. However, if you are interested in purchasing a vitamin supplement, here are guidelines to help you choose a safe and effective vitamin preparation (and at a reasonable cost).

- * Choose a well balanced multi-vitamin rather than two specific vitamins (unless medically prescribed). Too much of one type of vitamin can throw another vitamin off balance.
- * Choose preparations that have 100% of the recommended daily allowance (RDA)

You do not need to exceed 100% of any nutrient. The RDA levels are already set higher than needed as a safety factor.

- * Don't buy preparations with unrecognized nutrients (e.g., vitamin Q) or nutrients needed in minute amounts (e.g., copper, selenium). These "extras" increase the cost with little or no extra value.
- * Avoid preparations that claim to be "natural" "organic" "therapeutic" "high potency" or for "stress". The extra cost paid for these preparations is not worth any purported effect.
- * Ignore "natural" vs "synthetic" claims; they are meaningless. In fact, some synthetic preparations are more effective than their natural counterparts (e.g., folic acid, or folacin and vitamin E)
- * Choose a preparation with an expiration date. Certain nutrients interact with others over time. For example, Thiamin (B1), can cause breakdown of B12 and folate. Hot, humid environments, such as bathrooms, also cause this breakdown.
- * As long as the nutrients meet 100% of RDA it doesn't matter if you buy a leading name brand, or a store brand. For example: You'll save money buying the store brand.

CARROT CAKE SURPRISE MUFFINS

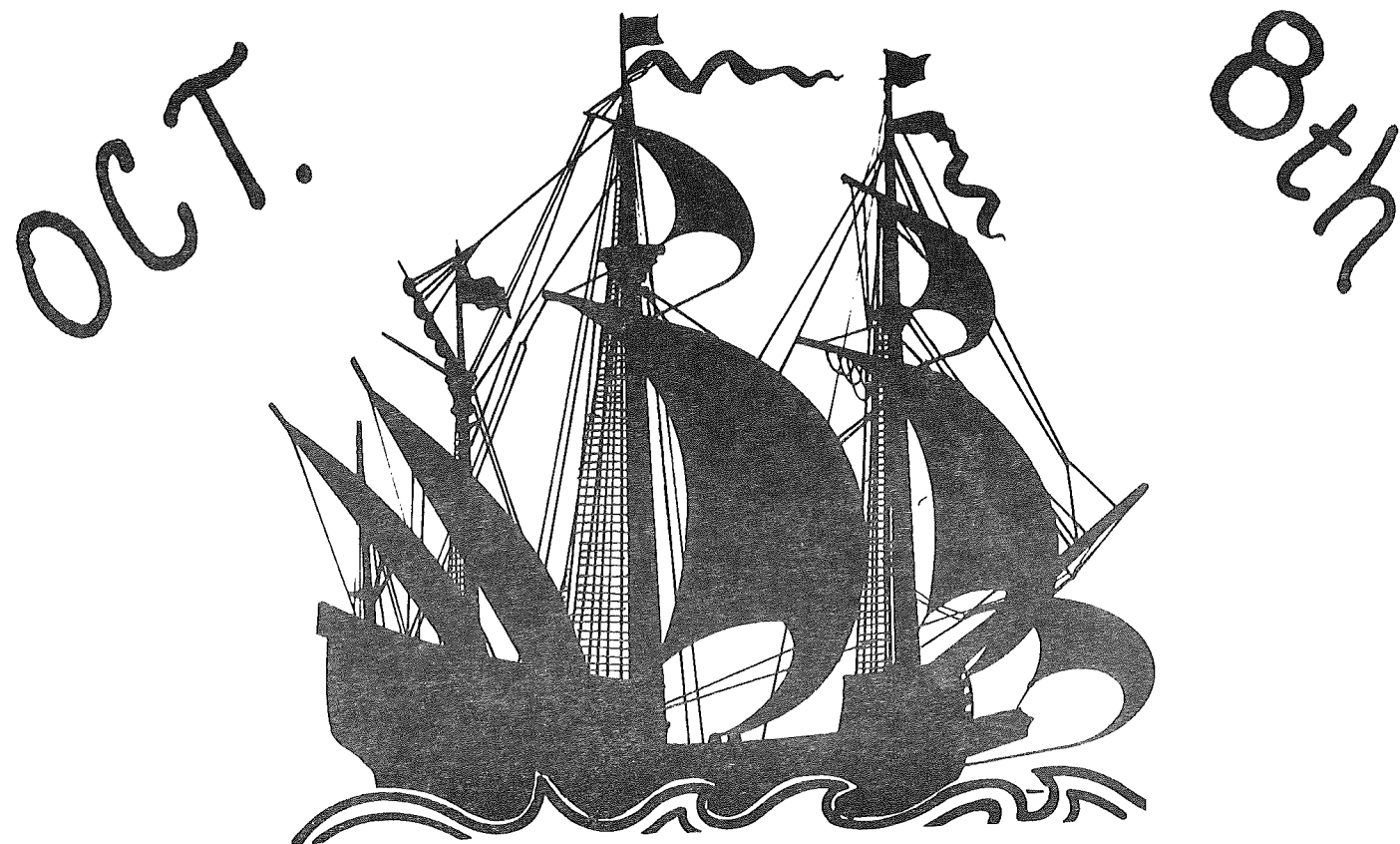
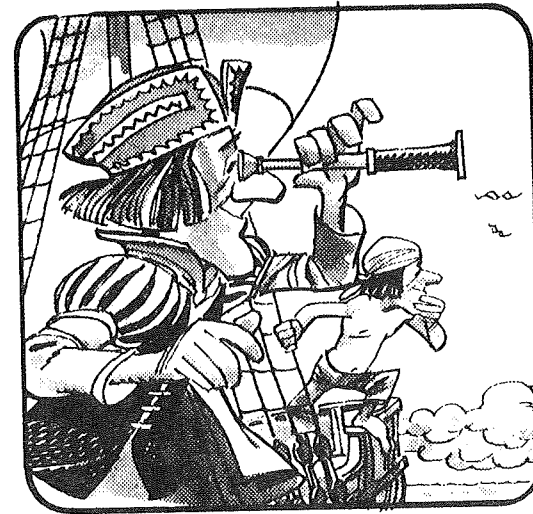
3/4 c. honey	1/2 tsp. salt
2 eggs	1 tsp. cinnamon
1 1/2 c shredded carrots	1/4 c chopped nuts
3/4 c vegetable oil	1/2 c crushed pineapple (drained well)
1 1/4 c flour	1/2 c raisins
1 tsp soda	3 oz. pkg cream cheese cut into 12 cubes
1 tsp baking powder	

Combine all ingredients except cream cheese. Mix well. Fill muffin tins 1/2 full; place 1 cream cheese cube on top of batter in each muffin cup; top each with 1 tsp of remaining batter. Bake at 400° for 20-25 minutes or until top springs back when lightly touched. Cool 5 minutes; brush with melted margarine; sprinkle lightly with sugar.

Yield: 12 muffins

VITAMIN A occurs in fats from animal sources.

But, fruits and vegetables that are Leafy Dark Green, Deep Yellow, or Fleshy Red contain a substance called carotene which the body can change to Vitamin A.



W E L C O M E ! !

I am the new counselor working out of the Family Services Department at the Oneida Community Health Center. My name is DICK WOCHENSKE. I just moved here from Decorah, Iowa, to Appleton, Wisconsin, with my wife and two children, 10 and 12 yrs. of age.

My previous experience has been working with mental health centers in Iowa and Elkhorn, Wisconsin, doing individual, couple, group, and family counseling. My work here will be very much the same, as I understand it now. I enjoy working with persons who have or are related to someone having an alcohol or drug problem. I am comfortable evaluating and helping treat children, adolescents, adults, including elders and their families where alcohol may or may not be a problem, using all appropriate community resources.

These are some examples of problems handled:

- * Anxious and depressed persons
- * Fearful and confused adults and children
- * Troubled teenagers
- * Marital problems
- * Situational adjustment difficulties
- * Problems of elderly
- * Aftercare for persons who have been treated in a hospital for alcohol/drug abuse/or emotional problems
- * Physical complaints that have an emotional basis

Any individual who feels the need for help with family, marital, emotional, or personal problems, is encouraged to make a contact by phone or letter.

In addition, referrals can be made by the family doctor, clergyman, home/school coordinators, families, friends, and other agencies in the community.

I will see people at the Center as well as in the home if needed. Almost all persons who need counseling services will be basically like "the person next door". They are community people who take their responsibilities seriously, but find themselves under considerable stress or have some "hang-ups".

At times, a person may need come only once. Then again, individuals may need and want continued interviews with myself or a substance abuse counselor. This is called counseling or psychotherapy and is frequently on a weekly basis which may continue for a few sessions to several months or more. Therapy may also be conducted on a group basis. The purpose of therapy or counseling is to remove or modify any

existing symptoms by reducing stress and thus promote improved functioning growth and development of the person who makes contact.

What an individual can expect is considerate, courteous, and respectful care, with an over-riding concern for that person's right to privacy.

Should you ever feel the need for counseling services, or know of someone who does, contact me at 869-2711, ext. 266.

Dick Wochenske
Psychotherapist
Oneida Health Center

WOULD YOU LIKE TO HELP YOUR WIC PROGRAM?

We could use your help in a number of ways:

- * We need toys for the waiting area
- * We need recipes for the WIC Cookbook
- * We need moms who have or are nursing, to sign up to help brand new nursing moms
- * We could always use some volunteer help to get jobs done

Please help us make the Oneida WIC Program the best in the State! (Last year we tied for 1st place in having the most improved iron levels!)

DO YOU HAVE A BEAUTIFUL BABY?

If you think you do, then bring a picture of your beautiful baby or child to WIC. We'll place their picture on our new bulletin board.



OFFICE MOVES

The following offices have moved to the second floor of the Norbert S. Hill Center from the Oneida Tribal Building:

Room	Office	Phone
1347	Land Office	869-2707
1343	Home Improvement	869-2019
4320	Planning Office	869-1253

Thank you for your time from the Land Planning and Economic Development Office.

Note: Any of these offices and Economic Development can be reached at the above numbers or 869-1252.

ATTENTION!!!!

The Career Development and Placement Office (JTPA) formerly located at the Tribal Building has moved to Room 1359 at the Norbert Hill Center.

The new phone numbers are: 869-2343 and 869-2344. The hours are from 8:00 a.m. to 4:30 p.m. Monday through Friday.

Please call or stop by if you are interested in GED or other Classroom Training, On-the-Job Training or Job Placement. We also offer career counseling services and other information regarding preparation for the job market.

Read Mark 1:32-39

SHARPEN YOUR SPIRITUAL TOOLS!

"And in the morning . . . He . . . departed into a solitary place, and there prayed."

Mark 1:35

The Lord Jesus had to keep in touch with the Heavenly Father through daily prayer and meditation to carry out His ministry on earth. That should say something to us. Our hurried lives often prevent us from having a "quiet hour" when our hearts can be softened by God's love and our minds put in tune with His will. Many believers want the blessings of a holy life, but they are unwilling to pay the price. God is grieved by this attitude because it hinders our work and witness. To have power for

service, we must get alone daily with Him.

A discerning pastor observed that the lack of spiritual power in believers' lives results in part from churches that cater to popular trends. He said, "The demand seems to be for outward activity, not quiet adoration; for banquets, not Bible study; for peppy meetings, not prayerful meditation; for showy works, not sacred worship. Simply being occupied with Christ and His Word is no longer satisfying to the average parishioner. Yet what would we think of a carpenter who was so busy building that he never stopped to keep his tools in working condition, or a farmer who wouldn't take time to oil his machinery? The child of God who neglects to strengthen his character by prayer, Bible study, and fellowship with Jesus is just as foolish."

Don't let anything keep you from intimate fellowship with Christ through prayer and meditation on God's Word. The instruments of our spiritual service become dull very quickly. That's why they need sharpening daily.

Take time to be holy, speak oft with the Lord;
Abide in Him always, and feed on His Word;
Make friends of God's children, help those who are weak,
Forgetting in nothing His blessing to seek.

Religious activity can be the death of genuine spirituality.

LOREN

ONEIDA UNITED METHODIST CHURCH
HARVEST DINNER
OCTOBER 27
5:00 - 7:00 p.m.

Adults - \$4.00
Senior Citizens - \$3.00
Children (6-12) - \$1.75
5 & under - Free

HUNTING MEETING

Our next Hunting Meeting was scheduled for October 12, 1984, at the Norbert Hill Center Study Hall. The meeting has been changed to the Oneida Civic Center Gym at 8:00 p.m. October 12, 1984.

Thank you!

Sonny King

Phone: 414-498-0181

Craig E. Cottrell

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Lloyd or Sharon Powless
869-2744

HAPPY BIRTHDAY

A Happy 1st Birthday wish to Desiree' Morning Dove. We love you, mom & brothers.

Happy Birthday Cheyenne Ninham October 4. Love, Daddy.

Happy Birthday Joey Robles October 3 from Uncle John.

Happy Birthday Uncle Dutch. Love, Tona.

Happy Birthday to Lori Thomas on October 1st. Lori works at the Oneida Health Center so if you see her, be sure to wish her a happy birthday.

Happy Birthday to Tonj Alicea on October 14. Lots of love, sweetie!! Your family.

Happy Birthday to Jason Battershield on October 15 and Justin Battershield on October 18. We love you much, little guys! Your family.

Happy Birthday "Cow Patti" October 3 from "Milkman".

Happy Birthday to Heather Skenandore on October 22. Love your family.

Happy Birthday to Edie Weir on October 26 or should I say "Edna"? Love them both. See, we wouldn't forget ya! You know who.

Happy Birthday to Brenda Skenandore on October 1st.

Happy Birthday to Crystal Cornelius on October 10th. Guess who?!!!!

A Very Happy Birthday to our precious granddaughter, Crystal H., September 30th. Have fun. All our love, Grandpa & Grandma House.

HAPPY ANNIVERSARY

A Very Happy Anniversary to Grace & Jeff Koehler on October 10. I really do hope its special. Love, Hilda.

A Very Happy Anniversary to Dean & Glory LaFlex on none other than Halloween, October 31. Love you lots, Mom, Dad, Juan & Glynis, Pete, Annie, Hill, Tonj, and your boys, Justin and Jason.

FOOD DISTRIBUTION PROGRAM

FRUIT'N CORN MUFFINS

- | | |
|----------------------------|----------------------------------|
| 2 cups flour | 1 cup milk |
| 2 tablespoons sugar | $\frac{1}{2}$ cup applesauce |
| 4 teaspoons baking powder | $\frac{1}{2}$ cup butter |
| 1 teaspoon salt | $\frac{1}{4}$ package of egg mix |
| $\frac{1}{2}$ cup cornmeal | (about 2 eggs) |

Combine dry ingredients. Add combined milk, eggs, applesauce - or you can substitute peaches pears or fruit cocktail. Mix just until moistened. Spoon into well greased medium size muffin pan, filling each cup $\frac{2}{3}$ full slightly indent center of each muffin or if you don't have muffin pan you can use a cake pan. Bake at 425 degrees, 20 to 25 minutes or until golden brown.

submitted by Linda Henry

MAPLE FLAVOR "HOMEMADE SYRUP"

- 1 jar (16 fl. oz) corn syrup
- $\frac{1}{4}$ - $\frac{1}{2}$ cup water
- 1 teaspoon maple flavoring "mapleine"

Bring corn syrup to a boil over medium heat, stirring often. Add maple flavoring. Stir. Pour back into jar. Store in covered jar in refrigerator.

Nori Damrow, certifier
869-2752/833-6842



FRESH SWEET CORN BREAD

- 5 2 $\frac{1}{2}$ cups grated fresh sweet corn cut off cob
- 1 $\frac{1}{2}$ cup sifted flour
- 6 3 teaspoons baking powder
- 3 1 $\frac{1}{2}$ teaspoons salt
- 2 1 tablespoon sugar
- 2 1 egg well beaten
- 1 $\frac{1}{2}$ 1 tablespoon melted butter or margarine

Sift flour, baking powder and salt and sugar. Add grated corn. Mix well. Add beaten egg to corn mixture then add melted butter or margarine.

Pour into 8X8 pan greased or coated with PAM. Bake in hot oven (400) for 30 minutes or until done.

recipe from Vera Perkins



Oneida Tribe of Indians of Wisconsin

Oneidas bringing several hundred bags of corn to Washington's starving army at Valley Forge. After the colonists had consistently refused to aid them.

PHONE: 414/869-2752
414/833-6841



1288 FISH CREEK ROAD
DE PERE, WI 54115

September 25, 1984



UGWA OIMOLUH TALEHE
Because of the help of this Oneida Chief in cementing a friendship between the six nations and the Colony of Pennsylvania, a nation, the United States was made possible.

Dear Client,

Effective October 1, 1984, the Oneida Tribe of Wisconsin is administering the FOOD DISTRIBUTION PROGRAM for the Oneida Reservation.

Anyone living within reservation boundaries is eligible to apply for services, regardless of sex, race, color, age, political belief, religion, handicap or national origin.

The FOOD DISTRIBUTION PROGRAM is located on the corner of Fish Creek Road and County Rd. "H" in the old Oneida Tribal Building. Use entrance on North side of building - off "H".

Services offered:

1. Monthly food package containing a variety of food from all four food groups: milk, meat, vegetable & fruit, bread or cereal.
2. Nutrition education demonstrations using commodity foods. Free samples.
3. Printed information available on recipes, menus, processing food, storage, shelf life, etc.
4. Nutritional film strips available at any time.
5. Home economists are available to go into your home to help you resolve any nutrition-related problem.
6. Delivery available for elderly, disabled, or any emergency situation.
7. Referral services to other sources of aid depending on your needs.

Be a friend. Bring a friend who needs food to the ONEIDA FOOD DISTRIBUTION PROGRAM.

For more information, contact me at numbers above.

Nori Damrow

Nori Damrow, Certifier

WORDS OF THANKS

The family of Alice Skenandore appreciates and thanks all who sent flowers and cards, donated food, "The Oneida Indian Singers", Holy Apostles Senior Guild Members, and the Robert Cornelius Auxiliary No. 7784, VFW Oneida members who took care of the feast. May our Lord bless you. Also, thank you to Father Smith for prayer.



Alice Skenandore

Alice R. Skenandore, 101, of 828 EE Rd., De Pere, died Wednesday morning in an Oneida nursing home. The former Alice Spruce was born in L'anse, Mich., on Jan. 1, 1883, to the late Asa and Catherine (Blaker) Spruce. She married Edgar E. Skenandore, Cass Lake, Minn., in 1908. Mrs. Skenandore was employed many years ago at Cass Lake Indian School, Minn. She was a member of the Senior Guild of Holy Apostle Church and the VFW Auxiliary No. 7784, Oneida.

Survivors include one daughter, Katherine Schuyler, Oneida; two sons, Norris, De Pere, and Nick, Milwaukee; 12 grandchildren and 14 great-grandchildren. She was preceded in death by her husband in 1954; three brothers; two sisters; three daughters and two sons.

Friends may call at the Ryan Funeral Home, 305 N. 10th St., De Pere, after 1 p.m. Friday. Wake 7 p.m. Friday. Funeral 10:30 a.m. Saturday in Holy Apostle Church, Oneida, with the Rev. William Smith officiating. Burial in the church cemetery.



EXPRESSION OF THANKS

We would like to take this time to thank everybody who helped us when we needed help caused by the passing of one from our immediate family. Special thanks to Father Smith, the Oneida Singers, the Ladies Auxiliary, and the pallbearers. Also thanks to the numerous others for donations of food and money, and the kind expressions of sympathy expressed verbally or by card are very comforting at such a time. Thank you.

The family of Hilda (House) Smith

• PHOTOGRAPHY •

Weddings / Anniversaries
Family Portraits / Graduation pictures

Contact:
Mike King
832 15th Avenue, Green Bay, WI
498-0120

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WEDDING DRESS & VEIL
\$65 - size 6/7. Apricot bridesmaid dress, bussel back, size 6/7 - \$35. Call Ruth Skenandore at 869-2171 where dresses can be seen.

79 KAWASAKI
650-SR. Call 833-6905

ONEIDA TRIBAL SCHOOL RED HOODED SWEAT TOPS
Five (5) sweat tops, all 5 are size Medium; \$14 each; see Dan Ninham at the Oneida Tribal School or call him at 869-2795.

1980 SUZUKI
GS1000G - \$1800 firm. D-104 Silver Eagle microphone - \$50. Call 869-2654.

69 CHEVY
\$500. Call 869-2275.

FRIGIDAIRE FREEZER
12.8 cubic feet, 4 years old, asking \$400
LONG BLACK LEATHER COAT
Size 16, asking \$100
AUTOMATIC WASHER
Asking \$200
HEAVY DUTY WHEEL BARREL
Asking \$25
8-TRACK TAPES - COUNTRY WESTERN
Asking \$1.00 each

The above five items can be seen at 2148 Co. Hwy. H trailer house - 3/4 mile N. of Tribal Building, or by calling 833-6732 or 833-7063, or make offer on freezer, coat, washer.

1 STORY HOUSE FOR RENT
Located at 121 Shenandoah. Available immediately. Call 432-0002.

MOBILE HOME
14 x 70 - 3 garages. Call 869-2154.

GARAGE
Must be moved. Make an offer in writing. Deadline October 16. Contact Chris Doxtator at Land Office at 869-2707. Located at 130 Riverdale Ave., behind the apartments.

KITTENS TO GIVE AWAY
3 kittens, one gray, white; black and white spots, 1 tom cat, 1 female is expecting. Call 788-2575 evenings or early morning.

KITTENS
To give to good homes. Call 869-1023 after 5:30.

SPACE HEATER & OIL DRUM
(275 gallons) Both in good condition - asking \$125 for both. Call 833-7502 after 5:00 p.m.

WHITE CORN
Call Henry Skenandore at 833-2411. Cty. Trunk H - 2112/\$1.00 qt. Corn bread, hulled corn, and corn soup now sold in vacuum-sealed packages.

FOR SALE OR PARTNER BUSINESS
Auto Salvage and Towing Service. Good business and location with trailer house - all goes. Phone 833-7456.

G.E. WASHER
Bought used. Best offer. Call 788-3795.

1977 MOBILE HOME - TO BE MOVED. In good condition. Three bedrooms, appliances, 14 x 70. No down payment. Just \$75 closing cost. Assurable low interest mortgage to qualified buyer. For information or appointment, call 869-2096.

AM/FM RADIO CASSETTE RECORDER
With digital clock & alarm with speakers. Brand new. \$110. Call 336-1281 after 5:00 p.m. or 869-2737 from 8:00 to 4:30.

ELECTROPHONIC STEREO
Minor repair. Asking \$125. Leathercraft and miscellaneous items for sale, also. Both can be seen mostly everyday, except Tuesday and Friday morning at 1439 Government Road.

HOUSE FOR SALE
3-bedroom ranch style, full basement, 2-stall garage. Call 869-2327.

PARAKEETS
Blue & white - asking \$7 each. Contact Bob Smith at 833-7366 or 869-2768.



SATURDAY, SEPT. 22: Mile Run (on 440 yd. track)

SATURDAY, OCT. 13: 8 K (5 Mile) Road Race and 2 Mile Trail Run**

SATURDAY, OCT. 27: 15 K (9.3 Mile) Road Race and 3 Mile Trail Run**

SATURDAY, NOV. 10: 4 Mile Cross Country Run

AGE GROUPS (MILE RUN)

9 and below
10 to 11 21 to 25
12 to 13 26 to 30
14 to 16 31 to 40
17 to 20 41 and above

AGE GROUPS (8 K)

13 and below
14 to 20
21 to 30
31 to 40
41 and above

AGE GROUPS (15 K)

20 and below
21 to 30
31 to 40
41 and above

AGE GROUPS (X-C)

10 and below
11 to 13
14 to 20
21 to 30
31 to 40
41 and above

**the trail runs are non-competitive and only t-shirts will be awarded

AWARDS: MILE RUN

-Medals
-Overall Winner (M/F)
-Trophies
-Age Group Winner (M/F)
-Ribbons
-2nd to 4th Place (M/F)
-Medals To All Runners

8 K Road Race

-\$25.-- Certificate
-Overall Winner (M/F)
-Trophies
-Age Group Winner (M/F)
-Ribbons
-2nd to 4th Place (M/F)
-Running Shorts To All Runners

15 K Road Race

-\$25.-- Gift Certificate
-Overall Winner (M/F)
-Trophies
-Age Group Winner (M/F)
-Ribbons
-2nd to 4th Place (M/F)
-Race Singlet (Tank Top) To All Runners

4 Mile Cross Country Run

-Trophies
-Overall Winner (M/F)
-Trophies
-Age Group Winner (M/F)
-Ribbons
-2nd to 4th Place
-Medals To All Runners

ENTRY FEES: Mile Run: \$5.00
8 K: \$9.00
15 K: \$9.00
X-C Run: \$5.00

REGISTRATION: In the Oneida Tribal School Gym (9:00 to 10:30 a.m. on Run Day)

RACE/RUN START: 11:00 a.m. SHARP

INFORMATION: DAN NINHAM
H: 869-1234
W: " -2795

MAKE CHECKS PAYABLE TO: O.T.S. Athletics

The Oneida Tribal School is located 7 miles west of Green Bay on Hwy. 54 at Seminary Rd.; across from the Oneida One Stop and in the Norbert Hill Sr. Center (formerly Sacred Heart Center)

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Please fill out the pledge form and send it (with the pledge) to: O.T.S. Athletics, Box 365, Oneida, WI 54155.

Sponsors Name _____

Sponsors Address _____

Pledge Amount _____

ONEIDA TRIBAL SCHOOL GIRLS VOLLEYBALL
OCTOBER

S	M	T	W	R	F	Sa
	1 VB vs. Neopit OTS Gym 5:00 p.m. VBP-NOON	2	3 VB vs. St. Jo's OTS GYM 3:45 p.m. VBP-NOON	4 VB vs. St. Jo's at Assump- tion 5:30 p.m.	5	6
7	8 VB at Neopit 5:00 p.m. VBP-NOON	9	10 VB vs. St. Jo's OTS Gym 3:45 p.m. VBP-NOON	11 VB vs. Glenbrook at Assump- tion 5:30 p.m.	12 VBP-3:30 - 5	13
14	15 VB at Neopit 5:00 p.m. VBP-NOON	16	17 VB vs. St. Jo's OTS Gym 3:45 p.m. VBP-NOON	18 VB at Lannoye 5:30 p.m.	19	20 VB at Lac Du Flambeau - 10 a.m./VB at Lac Courte Oreille - 4 p.m.
21	22 VB vs. Assumption at Sunny- side - 4:45 VBP-NOON	23	24 VBP-3:30-5	25	26	27 VB vs. Neopit OTS Gym 2:00 p.m.
28	29	30	31			

BABYSITTER AVAILABLE
Available to sit all day for one year olds & up. Call 869-2131 if interested.

KEYS FOUND
Keys found in Site #1 on Friday, August 31. Contact the Housing Authority to identify.

CONGRATULATIONS

Congratulations Rachel Reed for getting your GED in six days.

PERSONNEL

POSITION: Clerk/Typist Pool for Tribal Programs

LOCATION: Oneida Community

SALARY: Grade 6, \$4.54/hour

CLOSING DATE: October 15, 1984

Applications shall be submitted to:

Mr. Dale Wheelock, Personnel Director
Oneida Tribe of Indians of Wisconsin
P.O. Box 365
Oneida, WI 54155

NORBERT HILL CENTER

NHC Cafeteria: The open cafeteria idea for the Norbert Hill Center seems to be catching on very well. We have a few more people every day. We have a cash register on the line now so people can pay for their lunch right there. We have an Ala Carte tray where people have the option of paying for just one or two items or getting the full meal.

Another feature we have just started is snacks for morning or afternoon coffee breaks. Sweet rolls, cakes and cookies baked fresh in our own bakery are available at 9:30 in the morning and 2:30 in the afternoon.

NHC Lounge: The lounge on first floor is now available for short term rental on an hourly basis. This area will provide a comfortable setting for 20 to 30 people. This area must be reserved through the reservation secretary in the Main Office of the Norbert Hill Center.

The Norbert Hill Center now houses 21 tribal

and non-tribal long term rental programs. They are:

- Oneida Child Care 869-2857
- Oneida Bilingual Program 869-2274
- Oneida Tribal School 869-2795
- Early Childhood/Head Start 869-2792
- West De Pere Parents 869-1037
- Francis Skenandore - Attorney 869-2724
- Oneida Law Department 869-2345
- Oneida Arts & Crafts 869-1295
- Oneida Higher Education Office 869-2111
- Economic Development 869-1252
- Oneida Retirement Community 869-1206
- Oneida Cannery 869-2737
- Oneida Tribe Records Management 869-2768
- G.E.D. (F.V.T.I.) 869-2433
- Oneida Tribal Business Committee 869-1260
- J.T.P.A. 869-2343
- Land Office 869-2707
- Home Improvement Program 869-1252
- Planning Office 869-1252
- Enrollment Office 869-2360
- Kalihwi-saks (Darkroom) 869-2083

ENROLLMENTS

The Oneida Enrollment Office has moved from the Oneida Tribal Building located on Fish Creek Road.

The new location is the Norbert Hill Center (formerly the Sacred Heart Center) on the South wing room 4212. The new phone number is 869-2360. Address: P.O. Box 365, Oneida, WI 54155.

Enrollment Officers: Carol Silva/Debbie Powless

NOTICE TRIBAL MEMBERS

If you are planning on having your name changed on the rolls, please use the name change request form that follows on the next page.

Thank you.

TIME TO GET READY...

ANN'S WORLD OF

INDIAN ARTIFACTS

OPEN 7 DAYS A WEEK
MONDAY-SATURDAY:
10 A.M. - 8 P.M.
SUNDAY: 10 A.M. - 6 P.M.

ANN FEATURES A COMPLETE LINE OF TURQUOISE, PENDLETON BLANKETS, BASKETS, DOLLS, LEATHER GOODS, INDIAN GREETING CARDS, RUGS, NOVELTY ITEMS, AND MUCH MORE.

(COMPLETE SILVER REPAIRING)
WILD RICE — \$6.95 LB.
INDIAN CORN — \$1.25 QT.

14 KT. GOLD MEN & WOMEN RINGS, CHAINS, CHARMS & EARRINGS.

HWY. 29 — 4 MILES WEST OF ST. MARY'S HOSPITAL — WATCH FOR TEEPEE FRAME.

SENIOR CITIZENS 10% DISCOUNT CHARGE IT!!
LAYAWAYS!!

Ann Skenandore

* ANN IS BUYING *

Oneida made baskets and some bead work. See me on Mondays. Hwy. 29 — 4 miles West of St. Mary's Hospital. WATCH FOR TEEPEE FRAME.

SATIN JACKETS AVAILABLE WITH ANN'S WORLD ON BACK - FLEECE LINED ZIPPER.

INDIAN CHRISTMAS CARDS AVAILABLE NOW.

FREE GIFT WRAP BOXES FOR JEWELRY ONLY UNTIL CHRISTMAS.



NOVEMBER 15 FREE INDIAN CALENDAR TO THE FIRST 200 CUSTOMERS.

Layaway NOW!

22

UNTIL DEC. 22

EDUCATION ANNOUNCEMENTS

WEST DE PERE SCHOOL

Those students in perfect attendance for last year were Lonnie and Wayne Metoxen, sons of Eugene Metoxen; Mark Powlless, son of Lloyd and Sharon Powlless; and Lisa Moore, daughter of Darryl and Bonnie Moore. Please come up to my room and get your school gym bag as a reward for perfect attendance.

During the summer months, Geno Delgado and Clark Skenandore were part of a telecommunication crew of 13 for the Newist Program. This was the West De Pere students under JTPA for the Youth for Youth project. A few of the programs that they have produced are: Wheel and Blades, Trial and Error (the reformatory and a judge), Summertime on the Fox (Heritage Hill and River Queen), Listening to the Beat (Breakdancing and the radio). The Department of Instruction has recognized this program as one of the best in the state. We will be viewing some of these tapes at school.

Those parents who did not qualify after filling out blanks for a waiver of book fees, please call me if you cannot pay for this. I think I have paid for most of the students. We had to move from our room as the Roll Clerk Office is moving into our room and we have equipment stored until we can find a room.

Happy Birthday to the following students whose birthdays were in September: Daniel Doxtator, Shane John, Jodi Doxtator, Melissa Webster, Stephanie Cornelius, Tami Hill, Richard Van Boxtel, Sharon Denny, Lynn Fuss, Becky Schuyler, and Michelle Tubby.

I have been working with our Guidance Counselor, Mr. Lloyd Van Lanen on JTPA and also Julie Barton. I have referred students to Mr. Van Lanen and he will be contacting you for the Newist Program, trial employment at school or tutoring.

Larry Cornelius is back tutoring students in grades 7 to 12. He has contacted all parents and if the need is there do not hesitate to send your request back for tutoring. He is hired full time. There will be some youth working with him but attendance and grades will be a factor this year in the Peer Tutoring Program.

On October 3rd, Chris Johns and Milt Becker

will be coming to school at 11:00 a.m. to meet with students who are interested in going to U.W. Oshkosh. Please see me on this.

Alberta V. Baird
Home School Coordinator
WDP - 7 to 12

LAW SCHOOL OF HARVARD UNIVERSITY

Who goes to Harvard Law School these days? You will probably be surprised by the answer. The times - and the students - are changing. Twenty percent of the students at Harvard Law School are Black, Asian or Chicano and thirty-five percent are women. A number of students are in their 30's - or even 40's. This represents a major change from a decade ago when you would have had to look hard to find other than buttoned-down-white-males in their early 20's rushing through the hallowed halls of Harvard Law on the way to class or the library.

A part of this change are two extraordinary women, Gloria Valencia-Weber and Irma Tyler-Wood. Both Tyler-Wood and Valencia-Weber have more than ten years of work experience -- in teaching, administration, working with the handicapped, and being parents. They both enjoy Harvard Law, while admitting that it's hard work. While it is expensive, financial aid in scholarships and loans help soften the blow. But they both conclude that it's worth it.

Irma Tyler-Wood comes from Detroit and is black. She started as a school teacher in Nashville. She has been the "first black teacher" in a school system and has been part of southern schools in the midst of court ordered busing. In Detroit, her work with physically and emotionally handicapped people got her the title of "Counselor of the Year." She is a native of Tallulah, Louisiana and attended Ball State.

Valencia-Weber is a Chicana with the associated ancestry of Indians. Gloria is committed to education -- one quick look at her family will prove it. Her two children, Karen and Mark are in college and headed towards graduate school. She has taught at Oklahoma State and the University of Oregon. Her husband is a member of the faculty at Oklahoma State. But it would be misleading to think of this a typical academic family. Most importantly, Valencia-Weber has been a vital and dynamic community organizer. She

has worked with the American Civil Liberties Union and the U.S. Civil Rights Commission. Much of her work at Oklahoma State was involved in directing an ambitious and successful affirmative action program to increase graduate school opportunities for women, the physically handicapped and minorities.

Both of these women have been student leaders in a number of law school organizations and important additions to the Boston/Cambridge community. They are living proof that women and minority group members shouldn't be afraid of applying to Harvard Law. It's hard to get into -- and not a bed of roses once you're there. But it's certainly not all buttoned-down-white-male.

More questions, contact:

Molly Geraghty
Assistant Dean
Harvard Law School
Cambridge, MA 02138
(617) 495-3102

TECHNICAL SCHOOL OF THE AIR

Technical School of the Air television courses from Northeast Wisconsin Technical Institute can now be checked out from the public library.

Two copies of the eight courses - one each in VHS and BETA format - are reserved for use by students at home or for review in media services department of the Nicolet Federated Library System, located on the second floor of Brown County Central Library, 515 Pine Street, Green Bay.

They may also be borrowed by residents of Nicolet's seven-county area via inter-library loan service from their local public libraries.

The video courses, each carrying three associate degree credits, are Psychology of Human Relations, The Business of Management, You and the Law, The New Literacy: An Introduction to Computers, Personal Finance and Money Management, TV High School for Adults, and Communications Skills (I and II).

Although students must enroll in Technical School of the Air through NWTI in order to earn the credits, anyone can view the videotapes and follow the courses.

CONTACT: Ron Gorseger, Administrator,
Nicolet Library System - 497-3479
Dennye Marks, NWTI

PLANNED PARENTHOOD - FOX VALLEY EDUCATION

HELPING PARENTS AND CHILDREN TALK ABOUT SEX

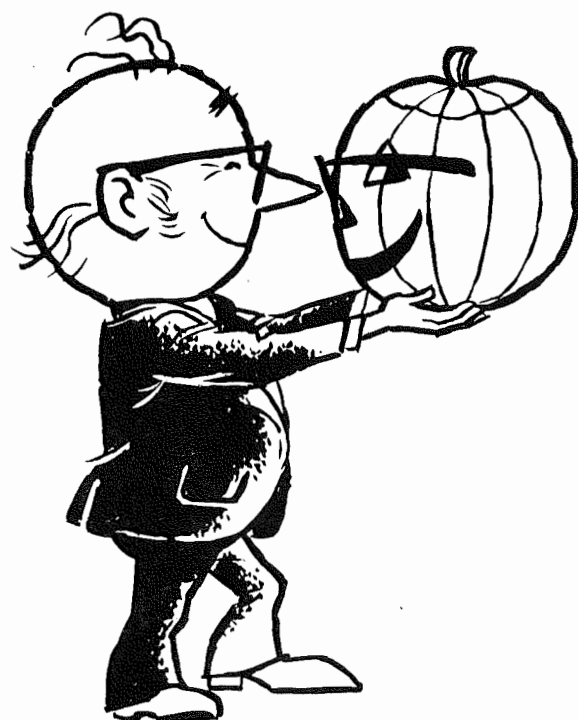
A session designed to open the lines of communication between parents and their children on the subject of sexuality. During the day, both parent and child will have an opportunity to share their values, feelings, and beliefs. Each workshop will be held on a Saturday from 9 - 2:30. The fee for each one is \$10.00 per parent/child team.

Mothers & Daughters 9-12 years

DATE: Oct. 13, 1984 (Sat.)
TIME: 9:00 - 2:30
PLACE: Planned Parenthood Clinic
508 W. Wisconsin Ave.
Appleton

Mothers & Daughters 13-17 years

DATE: Oct. 20, 1984 (Sat.)
TIME: 9:00 - 2:30
PLACE: Planned Parenthood Clinic
508 W. Wisconsin Ave.
Appleton



ANNA JOHN NURSING HOME

The Anna John Nursing Home, along with the VFW Auxiliary Post 7784, is sponsoring Oktoberfest to be held Saturday, October 20 from 10:00 a.m. - 3:00 p.m. Crafts, baked goods, caramel apples and hot apple cider will be available for sale. Come and do your Christmas shopping early, prices are reasonable. Entertainment will also be provided. A Kodak camera will also be raffled. Tickets available at the Oneida One Stop and at the Anna John Nursing Home. Donations of baked goods and craft items will be appreciated. Register for free gift! Public Welcome!



I would like to thank the volunteers from the Methodist Senior Center who took the time to help me bring a group of 9 residents to Bay Beach on Saturday, September 22, 1984, for a picnic. The group helped transport, cook, play bingo and clean up. The residents enjoyed it. All of us here at the Anna John Nursing Home thank you!

Linda Collins, Activity Director

RECREATION

TRIBAL PICNIC

We held our 3rd Annual Tribal Labor Day Picnic. We had a great turn out of Tribal Members. We hope everyone enjoyed themselves.

We had a couple of ball games. In the first game, we had the original Commandoes and Rangers playing each other, but now the game turned out a little different from the original Little League days. This time Rick Hill's team beat Pete King's team. I guess when these teams started out, it used to be

Pete's team always won.

In the second game, we had Oneida One Stop, the State Champs, playing against Oneida Bingo. One Stop showed why they were State Champions as they won.

We would like to thank the following people for their volunteer work: Wanda Webster, Robbie Webster, Mary Ann Hill, Stephanie Cornelius, Vickie Hill, Cliff Webster Jr., Rick Hill, and Lloyd Powless.

The soda that was provided for us was paid for by our present Business Committee members: Percy Powless, Rick Hill, Kathy Hughes, Gordy McLester, Mark Powless, Tony Benson, Lloyd Powless, Lois Powless, and Sonny King.

Special thank you goes to Harriet and Warren Reiter for the use of their cooker. Thanks to my brother Bob Webster and Ron John for the use of their Weber grills. And to Jerry Jordan who donated 3 dozens of sweet corn.

Also raffle winners were Brucelyn Cornelius (\$100.00), Carmen Danforth (Jacket), Pogi King (Jacket), and Margaret John (Jacket). A special thanks to all our ticket sellers, Lesley Webster was the top seller.

EMPLOYEE'S POOL LEAGUE

We held our Awards Meal on Tuesday, August 28, 1984 at the Civic Center.

Last year we had an employee's pool league and awards were presented to the following people:

- 8th Place Terry Thomas & Lesley Webster
- 7th Place Mike Schappe & John Spangberg
- 6th Place Bob Christjohn & Tony Utschig
- 5th Place Irvin Metoxen & Cliff Webster
- 4th Place Claudia Danforth & Lynn Horsens
- 3rd Place Priscilla Ahrens & Roberta Kinzhuma
- 2nd Place Arlouine Bain & Vince Cornelius
- 1st Place Cathy Delgado & Dale Wheelock

Special presentations went to:

- Shot every game - Claudia & Lynn
- 8 Ball Run - Lynn Horsens
- Subs - Wanda Webster, Maggie Ferranich, Ruby Ver Haag, Bev Anderson, and Curt Danforth

Everyone had a very enjoyable meal that was prepared by Carmen Danforth & Butch Cottrell.