

## KALIHWI — SAKS

The logo of the Kalihwi-saks, the official publication of the Oneida Tribe of Indians of Wisconsin, encompasses much tribal symbolism. Building upon the heritage of the publication and the heritage of the Oneida people, this fairly recent adaptation of the logo by Oneida artist, Mary LeMieux, integrates traditional thought and contemporary artistic form.

The first written publication which specifically addressed tribally-relevant issues was known as "The Scout." Although only a local newsletter, it sufficed as a means of informing the reservation community of local events and concerns. Very quickly, however, it altered in format and content and grew to become a viable publication with a readership of approximately 8,000.

Because our people are matrilineal, it is not uncommon for our women to hold many responsible positions within the tribe. For much of this paper's history the position of editor has been held by a woman. Therefore, as the paper evolved and the banner reflected the word for "scout" in the Oneida language, it was logical that the name would be made feminine, viz., "Kalihwi-saks," figuratively translated as "She looks for news."

The border which circumscribes the logo reminds us that all things in life are cyclical. Just within the border are overlapping semi-circles or domes. These domes represent Mother Earth, and particularly, "Great Turtle Island," the traditional reference to the North American continent. The symbols ( ) represent the Great Tree of Peace, which in turn signifies the forming of the Iroquois Confederacy of which the Oneida nation is a part.

Within the circle one sees a proud Oneida woman with braided hair. Her braids signify that her mind is clear and that she is in balance with Creation. Her view is unclouded and unobstructed. It continues over the grasses and the medicines and the trees. It reaches to our eldest brother, the Sun. A scout must have this quality of clear vision, and must be able to return to the people with accurate information of what has been seen and what is now known. This is the responsibility of the publication, **Kalihwi-saks**. This is its logo.

**Kalihwi-saks**  
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a pioneer in this field and has been hopping around the country for speaking engagements and appearances on television talk shows.

Black is director of family services for a health-care corporation in Newport Beach, California, which has alcoholic treatment programs. She became interested in the children about four years ago while working in other alcoholic programs.

THREE TYPES

She has found three general types of children of alcoholics.

First, there's the overly responsible child who tries to take charge of the household. Black recalled a 9-year-old who put his mom to bed every night because the mother was drunk, and a 12-year-old who prepared dinner every evening.

Then there was the 9-year-old who had a chart on her bedroom wall outlining all household duties for the coming week, Black recalled. She even had slotted time for herself to play, every Wednesday from 3 to 5 p.m., she said.

These children are able to set short-range, realistic goals, but can't look two months down the road, she said. They are the leader types she referred to, and they are most often the oldest sibling.

Then there is the adjuster, the child who rolls with the punches and soon comes to a point of saying, "It just doesn't matter anymore," They're the kids who spend a lot of time alone, do homework in their rooms, go unnoticed by teachers and classmates. They drift along.

Last is the placater, Black said, who feels a need to be responsible for everyone else's emotional needs, overlooking his or her own needs in the process.

These children show various behaviors as adults, but basically they tend to continue the same personality patterns.

SAME REASONS FOR DRINKING

Children of alcoholics start to drink for the same reasons other kids do, Black said, mainly because it makes them feel good, and because their peers are drinking.

"But they still see it as a control issue", Black said, "They still think they can keep their drinking in line."

As adults, they often take themselves too seriously, and they may find themselves rather boring, she said.

"When they drink, they become a little freer," she said, "There's some spontaneity and people probably like them a little better when they're drinking."

"Now that doesn't make them alcoholics," she said, "but it sets them up to take that third or fourth drink."

Other experiences typical of children of alcoholics:

They don't talk about the problem - not as children and maybe never. Fifty-eight percent never talk to anyone in the home about it, and 71% never discuss it with friends, Black said.

They deny the parent's alcoholism - And the more sensitive child - there's one in every household - denies it more than anyone, she said.

Older children are more sophisticated at this kind of denial, whereas very young children seem to understand and accept the alcoholism, said Black.

Children of alcoholics often attempt to end the drinking problem themselves. In one family, one child was putting apple cider in the father's booze, another was watering it down, and a third was letting air out of the tires so the father couldn't drive when he was drunk. (And none of the three knew what the others were doing.)

WANTS MORE PROGRAMS

Black hopes to stimulate programs around the country to help these children. There are now Al-Anon groups for adult children of alcoholics, and Alateen has been around for a few years. But only 3% to 5% of all children participate in the latter, Black said, and there should be more help for them.

**KALIHWI-SAKS**

The Official Publication of the Oneida Nation

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It's time to settle into a brand new year. Here's hope for an all time best . . . of love, peace, and goodwill for everyone . . . everywhere! Season's best to all!

# SENIOR CITIZEN SITE

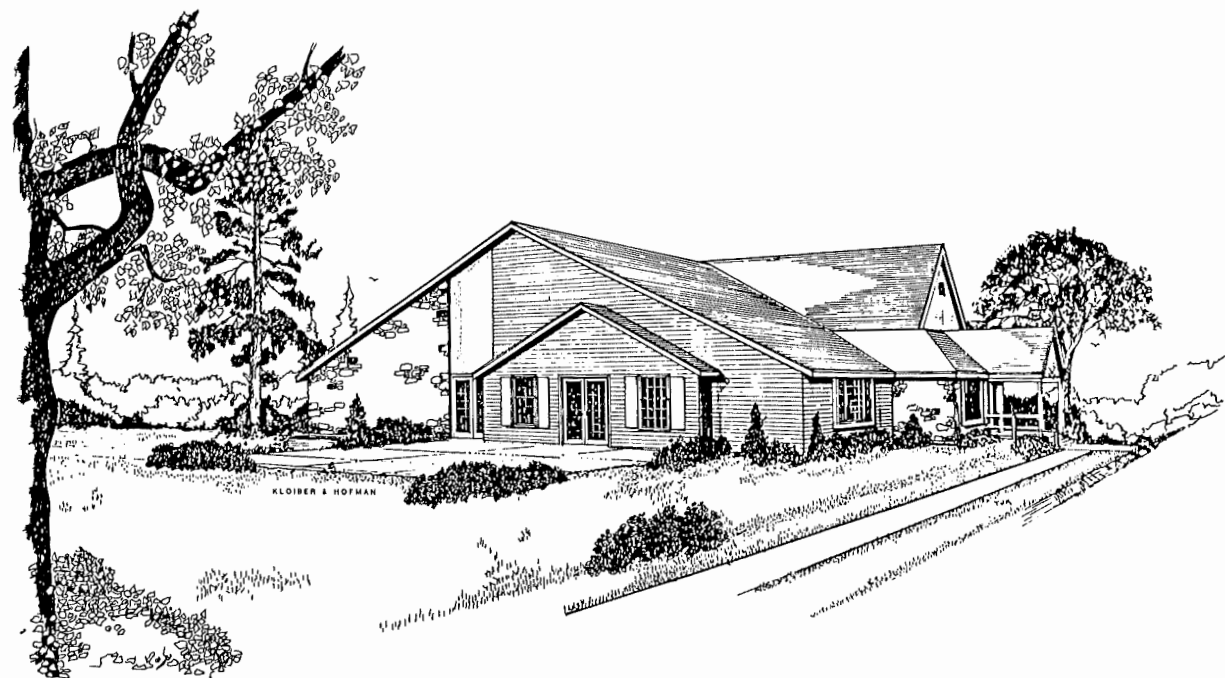
The Oneida Senior Center is getting the addition that has been needed for some time.

The three thousand square feet of additional floor space will include the main hall area, new bathrooms, and a new kitchen. The existing area will be two offices, a lounge area and an arts and crafts area.

Also, a separate building is being constructed on the site to be used for housing the programs equipment and will include space for a hobby shop. Rosemary Gregor, the Director of our Elderly Program and the Oneida Reservation Commission on Aging are developing plans for activities after completion of construction, which is expected to be in late February.

The Architect for this project is Kloiber and Hofman from DePere. The General Contractor is H. Miller construction from Green Bay and the Septic Contractor is Bill Danforth from Oneida. Some of the sub-contractors are Berken & Moesch (plumbing), Foreman (heating), Iroquois Construction (electrical).

The projected cost for this construction is estimated at \$200,000 which is financed entirely by the Oneida Tribe. through the tribe's general fund, and a building fund established by the Oneida Reservation Commission on aging supported by the community. Our Senior Center will be one which we can all be proud of because we made it happen and it belongs to our community.



## 12 THINGS TO DO IF YOUR LOVED ONE IS AN ALCOHOLIC, continued...

8. Don't be jealous of the method of recovery the alcoholic chooses. The tendency is to think that love of home and family is enough incentive for seeking recovery. Frequently the motivation of regaining self-respect is more compelling for the alcoholic than resumption of family responsibilities. Or you may feel left out when the alcoholic turns to other people for help in staying sober. You wouldn't be jealous of the doctor if someone needs medical care, would you?
9. Don't expect an immediate 100% recovery. In any illness, there is a period of convalescence. There may be relapses and time of tension and resentment.
10. Don't try to protect the recovering alcoholic from drinking situations. It's one of the quickest ways to push him into a relapse. He must learn on his own to say "no" gracefully. If you warn people against serving him drinks you will stir up old feelings of resentment and inadequacy.
11. Don't do for the alcoholic that which he can do for himself or which must be done by himself. You cannot take his medicine for him. Don't remove the problem before the alcoholic can face it, solve it, or suffer the consequences.
12. Do offer love, support, and understanding in his sobriety.

\* \* \* \* \*

### ALCOHOLIC'S CHILD: A SILENT VICTIM

By Nancy J. Stohs  
Of the Journal Staff

Nearly half her life ago, when she was 15, Claudia Black's father took her to a ball game.

As usual, he left her at the ballpark and went on to a tavern, returning at the end of the game, she recalled.

But this time her father, an alcoholic, stopped at another tavern on the way home. He instructed her to drive herself the remaining 15 miles home and to tell her mother where he was and that he would be home later.

Without a moment's hesitation, that's exactly what Black did.

"What's significant about this story," Black recalled, "is that I didn't know how to drive."

That didn't strike Black as odd, however, until a couple of years ago, when, as a

social worker in southern California, she started working extensively with other children of alcoholics, she said.

In a workshop Tuesday, at the University of Wisconsin-Milwaukee Union, the 29-year-old therapist used the story to demonstrate some common threads in the experience of the alcoholic's child. The workshop, attended by some 100 counselors, therapists and others who work with alcoholism, was sponsored by UW-Extension's Center for Alcohol and Other Drug Studies in Madison.

Like so many children of alcoholics, Black had learned by that night 14 years ago, to be a "great adjuster", to nonchalantly accept even the absurd, she said.

Although she ran in and out of the ditches with care, and was "mildly hysterical" when she got home, she never once thought of the options, she said; to simply remind her father that she couldn't drive, to wait in the car until he came out, or to call her mother to come get her.

"And you know, my mother didn't even ask me how I got home?" Black said. (That behavior she said, is typical of non-alcoholic parents in such homes).

Between 12 million and 15 million American children under 18 live in alcoholic homes, Black said. Include all adult children raised by alcoholics, and that figure becomes 28 million to 34 million. Until recently, their problems never were addressed, she said.

There were stereotypes, however, and those Black found to be wrong. Children of alcoholics she saw for therapy did not typically have poor self-images, get poor grades or have unusual adjustment problems as teens, she said. In fact, many were straight-A students and tended to be leaders or perfectionists, she said.

Alcoholic's children tend to leave home at the same age as other kids, for the same reasons, and to spend the next few years making the same kinds of decisions about school, marriage and careers, Black said.

What, then, is the problem?

Many of them, despite fervent vows to the contrary, go on to become alcoholics. Some 50% to 60% of the alcoholics in this country grew up in alcoholic homes, Black said. And between 30% and 40% of all wives of alcoholics are daughters of alcoholics.

Black has worked with about 500 to 600 children of alcoholics, including adults recognizing the issue for the first time. She is



The experts call it 'chemical dependency.' The kids call it 'lonely.'

— Journal photo

TWELVE THINGS TO DO IF YOUR LOVED ONE IS AN ALCOHOLIC

- |   |  |
|---|--|
| <ol style="list-style-type: none"> <li>1. Don't regard this as a family disgrace. Recovery from alcoholism can come about as in any other illness.</li> <li>2. Don't nag, preach or lecture to the alcoholic. Chances are he has already told himself everything you can tell him. He will take just so much and shut out the rest. You may only increase his need to lie or force him to make promises he cannot possibly keep.</li> <li>3. Guard against the "holier-than-thou" or martyr-like attitude. It is possible to create this impression without saying a word. An alcoholic's sensitivity is such that he judges other people's attitudes toward him more by small things than outspoken words.</li> <li>4. Don't use the "if you loved me" appeal. Since the alcoholic's drinking is compulsive and cannot be controlled by will-</li> </ol> | <ol style="list-style-type: none"> <li>power, this approach only increases his guilt. It is like saying, "If you loved me, you would not have tuberculosis."</li> <li>5. Avoid any threat unless you think it through carefully and definitely intend to carry it out. There may be times, of course, when a specific action is necessary to protect children. Idle threats only make the alcoholic feel you don't mean what you say.</li> <li>6. Don't hide the liquor or dispose of it. Usually this only pushes the alcoholic into a state of desperation. In the end, he will simply find new ways of getting more liquor.</li> <li>7. Don't let the alcoholic persuade you to drink with him on the grounds that it will make him drink less. It rarely does. Besides, when you condone his drinking, he puts off doing something to get help.</li> </ol> |
|---|--|

## HOW TO WIN OVER WORRY

Fears and worries manipulate millions. What is the biblical strategy to beat this chronic problem?

"Why do you worry?" Jesus Christ asked His disciples (Matthew 6:28).

Yet no one had more pressures, demands, dangers and responsibilities to face than Jesus Christ!

At infancy He was the target of a demonical king (Matthew 2:16). As a youth He had to keep Himself unspotted from the thousand treacherous snares of adolescence and the pitfalls of youthful zeal (Luke 2:52). Even during His ministry, when anointed with the power of God's Holy Spirit, He had to scrupulously avoid saying or preaching anything that His professional enemies could use to shut down His ministry (Matthew 22:15). Yet His words were powerful, authoritative (Mark 1:22).

No one else ever walked the tightrope that Jesus Christ endured. At the end of it He died an agonizing death, perhaps the most friendly cruel execution ever suffered, with the added bitterness of humiliation, betrayal and loneliness.

Yet He taught His own disciples not to worry: "Therefore I say to you, do not worry about your life . . . do not worry about tomorrow, for tomorrow will worry about its own things" (Matthew 6:25, 34).

The sinless Saviour of us all died single, childless, despised and abandoned by human comforts. What keys did He possess to face worry?

How may we overcome this nagging, draining concern, this morbid pessimism about the cares of this life (Luke 21:34)?

"Be anxious for nothing," Paul wrote to the Church (Philippians 4:6). We all have problems and challenges to meet, especially in trying to disengage ourselves from this hell-bent world, a society so resourceful at finding the weak chinks in our Christian armor.

How can we win over worry?

### WHERE IS OUR CONFIDENCE?

Remember that Jesus Christ our example, pioneer of our salvation, faced more than we will ever have to face (Hebrews 2:10, Isaiah 53:4).

"For we do not have a High Priest who cannot sympathize with our weakness, but was in all points tempted as we are, yet without sin" (Hebrews 4:15).

That's why we vitally need God's perspective! Self-help books, professional therapy and clinical counseling can only take one so far. For the ultimate fact is that human life is tragic and meaningless apart from God (Ecclesiastes 1:2).

The great men and women of the Bible faced life's toughest issues head on. They did not shrink from raising the big questions; they did not quake before the ultimate realities. In a day and age where we could face nuclear incineration only 25 minutes from now, we need their strength and guidance.

Only God's servants have the answer to worry. Only the Bible gives clear, concrete answers to the problems that are driving this generation to perplexity. Whether it is the threat of nuclear war, how to face an exam, health worries, facing in-laws and relatives on sensitive subjects or even finding the strength to seek help on your serious problems - read on! This counsel is from the Word of God, and that is the bedrock upon which to build your life (John 17:17).

#### FUNDAMENTAL FACTS

Counselors helping people with worry and anxiety sometimes ask people to consider three points:

First, ask: "What is the worst that can possibly happen?"

Second, consider: "Can I accept the worst if necessary?"

Third: "Is there any way to improve upon the worst?"

Jesus Christ faced this test in the Garden of Gethsemene (Matthew 26: 36 - 44). He Himself had inspired the grim prophecies about His own cruel death. The mental pressure to escape, to flee, to abandon the work was excruciating. Three times He asked His Father in prayer if there was another alternative to the crucifixion. "And being in agony, He prayed more earnestly. And His sweat became like great drops of blood falling down to the ground" (Luke 22:44).

The "agony" here is mental pressure, psychological torture, the kind of inner discomfort we feel when we get unpleasant news or have to face threatening situations or make difficult decisions. That's why the Greek word for agony also means "a struggle."

The word Matthew recorded in Matthew 6:25 - 34, which the Revised Authorized Version translates as "worry," is another interesting Greek word, merimnao. Merimnao is related to meros, "a division," and merismos, "dividing asunder."

How accurate! When we are anxious or worried we are disturbing the mind's natural harmony and balance. In effect we are dividing the mind. No wonder we feel inner turmoil and discomfort. The body's defensive system reacts to this struggle (agonia in Greek) going on in our mind.

This is why no one likes to worry or fear. It is unpleasant. "Fear involves torment," 1 John 4:18 tells us. Anxiety divides the mind. Some are totally unable to function. Today we say, "They're coming apart." That is what Jesus Christ said not to do. "Do not worry" (Matthew 6:25). Do not merimnao - don't come apart.

What did Jesus do?

He faced the worst, accepted it and began to adapt to the new situation - even though it meant His own death. Most of our problems are not nearly that serious, so we should be inspired by His example (1 Peter 2:21, Hebrews 3:1, Romans 8:17, 1 Corinthians 11:1).

The catch is, if we do not face life's problems with this strategy, if we don't end the mental struggle by asking, "Can I live with the worst result?" - the penalties psychosomatic disease - the mind dictating through the nervous system.

# Happy New Year

Welcome

To

The

## 4th Annual Chemical Dependency New Year's Eve Party.

At: Norbert Hill Center — Study Hall

Date: December 31, 1984

Time: 8:00 P.M. to ? ?

Feast at 8:30 P.M.

Venison, Turkey, Ham and Refreshments  
will be Provided.

Bring Your Favorite Dish (Potluck)

Social After Feast

Videos will be Shown

Midnight Special — Recognition Awards  
for Sobriety and Those Who Have  
Supported Us.



N U R T U R I N G

D Y S F U N C T I O N A L

PEOPLE FEEL FREE TO TALK ABOUT  
INSIDE FEELINGS

PEOPLE COMPULSIVELY PROTECT INSIDE  
FEELINGS

ALL FEELINGS OKAY

ONLY "CERTAIN" FEELINGS OKAY

PERSON MORE IMPORTANT THAN  
PERFORMANCE

PERFORMANCE MORE IMPORTANT THAN  
THE PERSON

ALL SUBJECTS OPEN TO DISCUSSION

MANY TABOO SUBJECTS, LOTS OF SECRETS

INDIVIDUAL DIFFERENCES ACCEPTED

EVERYONE MUST CONFORM TO STRONGEST  
PERSONS IDEAS, VALUES

EACH PERSON RESPONSIBLE FOR OWN  
ACTIONS

LOTS OF CONTROL, CRITICISM

RESPECTFUL CRITICISMS AND APPRO-  
PRIATE CONSEQUENCES FOR ACTIONS

PUNISHMENT SHAMING

FEW SHOULD

LOTS OF SHOULD

CLEAR FLEXIBLE RULES

UNCLEAR, INCONSISTENT AND  
RIGID RULES

ATMOSPHERE IS RELAXED

ATMOSPHERE IS TENSE

JOYOUS

LOTS OF ANGER, FEAR

FACES AND WORKS THROUGH STRESS

AVOIDS STRESS

PEOPLE HAVE ENERGY

PEOPLE FEEL TIRED

PEOPLE FEEL LOVING

HURT, DISAPPOINTED

GROWTH IS CELEBRATED

GROWTH DISCOURAGED

PEOPLE HAVE HIGH SELF WORTH

PEOPLE HAVE LOW SELF WORTH

STRONG PARENTAL COALITION

COALITIONS ACROSS GENERATIONS

Solomon diagnosed this 3,000 years ago: "For as he thinks in his heart, so is he" (Proverbs 23:7). "He who is cruel trouble his own flesh" (Proverbs 11:17). "A sound heart is life to the body, but envy is rottenness to the bones" (Proverbs 14:30). "A merry heart does good, like medicine, but a broken spirit dries the bones" (Proverbs 17:22).

THE WORST-CASE SCENARIO

But what if your worst worry comes true, as so few of them do? What if you're diagnosed with terminal illness or find you are somehow trapped in a situation that can't be cured, but must be endured? What then?

The answer is that the same principles that apply to our small worries apply to our big worries. The prescription is always the same - a faith-filled, positive approach (II Timothy 1:7).

How can we build this kind of approach to life? How can we learn to handle our cares and worries - the major setbacks in life, or the negativity and meaninglessness that seep into our spirit from contact with this hopeless world?

Here are several points that can help:

1. Bathe your mind in the positive emotions - peace, courage, joy, faith. These are all beneficial, pleasant sensations. And it's not just "the power of positive thinking" - pulling ourselves up by our own bootstraps. The real payoff is that God's Holy Spirit, available to us on repentance and baptism, can immeasurably strengthen fragile human feelings (Galatians 5:22 - 23).

Instead of temper tantrums leaving us and others irritable, defensive and self-justifying for hours or even days, learn to replace carnal ventilations with the wiser, more beneficial approach of God's Spirit, the power of true love: "Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely, does not seek its own, is not provoked, thinks no evil" (1Corinthians 13:4 - 5).

How would you like to work for someone like that? How would you like a father like that? Who wouldn't like a neighbor like that?

You would? Then be that way yourself. That is the golden rule, after all, and it really works (Luke 6:31).

2. Cooperate with the inevitable and don't fuss about trifles. Even if your worry is serious - a major illness, for example - God's Word offers help and hope. For one thing, Jesus Christ's bloody, mutilated body was accepted as the price of our physical sins (Isaiah 53:5). Healing is promised (Psalm 103:3). Thousands have learned that God heals today. So can you.

Focus on the big picture (Romans 8:28). One reason God allows diseases and health trials is to remind us that physical, fleshy existence is only a temporary stage in His plan (1 Corinthians 15:50). Eventually we will enter a spiritual family of divine, immortality beings (Philippians 3:20 - 21).

That's why Jesus said, "Seek first the kingdom of God" (Matthew 6:33). There is the ultimate, bedrock reality, Sometimes only severe trials can teach us that, but be encouraged.

Look for the lesson in trials, the point God is trying to make in your life to help better fit you for eternity. Then you will find that "peace of God, which surpasses all understanding, will guard your hearts and minds (and help you avoid cardiovascular and mental diseases) through Christ Jesus" (Philipians 4:7).

3. Keep busy and don't waste time on revenge. Trouble has many hidden payoffs (Psalm 119:71). Sometimes severe worries and tests really turn us to God. When we are being criticized and slandered by someone, there's really not much we can do, is there? Only God is our refuge (Psalm 27:1).

Try to train yourself to see much of the criticism that comes your way as a disguised compliment: No one ever kicks a dead dog! Maybe you're arousing envy and jealousy. Perhaps you're stirring the hostility of those who are God's enemies, too (Matthew 5:11). Do your best and keep on producing.

Of course a wise man criticizes himself, is aware of his weaknesses (1 Corinthian 11:31). This helps prevent him from being crushed by outside criticism. Work hard and let God protect you from critics (Hebrews 13:6).

4. Build your health and get yourself as organized as possible. Much worry and nervousness result from poor physical health. God made the human organism tough and resilient, yet we all need to work on our bodies a lot more. It takes some effort on our part (1 Timothy 4:8).

Sometimes forgetfulness and procrastination generate all kinds of tensions and worries. "Did I forget to call?" "When is the next appointment?" "Does the furnace need cleaning?" "Do I have enough in savings to cover this check?"

Sound familiar?

Get organized. Establish a regimen to run your household and work chores more efficiently. Routine chores can be delegated. Make decision now if you have all the facts. Deputize, supervise, get the family organized. That which is planned is more likely to happen.

We should eliminate any minor worries or mundane details we can. It will give us more energy to tackle the other, major challenges in life. God is not the author of confusion (1 Corinthians 14:33).

5. Rededicate yourself to serving others, to a cause bigger than yourself. U.S. President John F. Kennedy stirred the idealism of a generation when he proclaimed, "Ask not what your country can do for you, but what you can do for your country." We who take it upon ourselves, by the grace of God, to put into writing, feelings and thoughts from the study of God's Word, are part of a work that is involved with the saving of the human race!

ONLY THE BIBLE GIVES CONCRETE ANSWERS TO THE PROBLEMS PERPLEXING THIS GENERATION. GOD'S WORD IS THE BEDROCK TO BUILD YOUR LIFE UPON.

Sound farfetched? Listen: There is a Creator God who knows the end from the beginning. (Isaiah 46:10). His schedule is ironclad. Peace movements, charities, pro-lifers, nuclear-free advocates - all the altruistic and noble efforts of humanity will not prevent God from sticking to His schedule, or human events from deteriorating (Matthew 24:22). God's blueprint is simple: warning, Great Tribulation, Jesus Christ's return, salvation. No one can alter this fundamental plan (Isaiah 43:13).

#### EARLY WARNING SIGNS

Some early warning signals that indicate the use of alcohol may be creating problems in an individual's life are listed below. This listing is not all-inclusive nor are these signals intended to be used as a do-it-yourself diagnosis of possible alcohol problems. Their occurrence, however, may signal the need for decision-making to reduce the risk of alcohol problems.

#### FIRST, AND FOREMOST,

Do you have any concerns about your own behavior?

Does anyone else have any concerns about your behavior?

Have you noticed any of the following:

1. missed days at work
2. frequent sick days
3. traffic tickets
4. driver's license suspended
5. increased number of family arguments
6. taking things out on your kids
7. inefficiency ratings
8. blackouts
9. traffic accidents
10. loss of friends
11. use of alcohol to get through the day or to get to sleep at night
12. use of alcohol to obtain relief from tension or other physical discomfort
13. minor damage to your automobile (broken tail lights, bent fenders)

If you have any doubts about the role any substance is playing in your life, from alcohol to sugar to coffee, try to go two weeks without consuming that substance and watch your response. How do you feel and how do you behave? Try to be honest; this experiment is just for you to try without having to report to anyone.

#### D E S I D E R A T A

GO PLACIDLY AMID THE NOISE & HASTE, REMEMBER WHAT PEACE THERE MAY BE IN SILENCE. AS FAR AS POSSIBLE WITHOUT SURRENDER BE ON GOOD TERMS WITH ALL PERSONS. SPEAK YOUR TRUTH QUIETLY & CLEARLY: AND LISTEN TO OTHERS, EVEN THE DULL & IGNORANT: THEY TOO HAVE THEIR STORY. AVOID LOUD AND AGGRESSIVE PERSONS, THEY ARE VEXATIONS TO THE SPIRIT. IF YOU COMPARE YOURSELF WITH OTHERS, YOU MAY BECOME VAIN & BITTER: FOR ALWAYS THERE WILL BE A GREATER & LESSER PERSON THAN YOURSELF.

#### DESIDERATA, Continued...

ENJOY YOUR ACHIEVEMENTS AS WELL AS YOUR PLANS. KEEP INTERESTED IN YOUR OWN CAREER, HOWEVER HUMBLE: IT IS A REAL POSSESSION IN THE CHANGING FORTUNES OF TIME: EXERCISE CAUTION IN YOUR BUSINESS AFFAIRS: FOR THE WORLD IS FULL OF TRICKERY. BUT LET THIS NOT BLIND YOU TO WHAT VIRTUE THERE IS: MANY PERSONS STRIVE FOR HIGH IDEALS: AND EVERYWHERE LIFE IS FULL OF HEROISM. BE YOURSELF. ESPECIALLY, DO NOT FEIGN AFFECTION. NEITHER BY CYNICAL BOWING: FOR IN THE FACE OF ALL ARIDITY & DIS- ENCHANTMENT IT IS AS PERENNIAL AS THE GRASS. TAKE KINDLY THE COUNSEL OF THE YEARS, GRACE- FULLY SURRENDERING THE THINGS OF YOUTH. NUR- TURE STRENGTH OF SPIRIT TO SHIELD YOU IN SUDDEN MISFORTUNE. BUT DO NOT DISTRESS YOUR- SELF WITH IMAGININGS. MANY FEARS ARE BORN OF FATIGUE & LONELINESS. BEYOND A WHOLESOME DISCIPLINE: BE GENTLE WITH YOURSELF. YOU ARE A CHILD OF THE UNIVERSE, NO LESS THAN THE TREES, THE STARS: YOU HAVE A RIGHT TO BE HERE. AND WHETHER OR NOT IT IS CLEAR TO YOU, NO DOUBT THE UNIVERSE IS UNFOLDING AS IT SHOULD. THEREFORE, BE AT PEACE WITH YOUR SOUL, WITH ALL ITS SHAM, DRUDGERY & BROKEN DREAMS, IT IS STILL A BEAUTIFUL WORLD. BE CHEERFUL--STRIVE TO BE HAPPY.

All things are circular . . .

Our lives, families, bands and tribes.

In recovery, I will be become a link in a circle of support

enabling me to give and receive.

The stronger the circle, the smaller chance that I will return to drinking or using drugs.

Sharon Day-Garcia

## KICKING THE MARIJUANA HABIT

Kicking the habit can apply to more than your standard pack of marlboros. With heavy use of marijuana growing more prolific, many people have discovered they have a marijuana habit they can't break.

Are you too dependent on marijuana? Do any of the following warning signs apply to you?

- \* Inability to get through a week (or even a day) without a joint
- \* Sleeping poorly and waking up tired
- \* Working well below potential or simply not working at all
- \* Forgetfulness
- \* Feeling nervous when the supply runs low

If you feel you may be smoking too much, you can get help. Potsmokers Anonymous and Marijuana Intensive in San Francisco were started to help people break heavy marijuana habits. Most of their clients are in the late twenties and have been heavy indulgers for several years.

Potsmokers Anonymous offer a nine-week course of weekly classes.

The best way to kick the habit is cold turkey, instead of slowly cutting down on the amount smoked. People who are most likely to succeed don't keep any marijuana in the house and don't have friends who smoke.

Even though the dangers of marijuana are still in dispute, you should never forget that it is a drug and you can become dependent.

If anyone is interested in starting a Pot-smokers Anonymous Program, please call the Oneida Chemical Dependency Program at 869-2711, ext. 214, 215, 240, or 267.

### AM I AN ALCOHOLIC?

Is my spouse? Or child? Is someone really close to me an alcoholic?

A do-it-yourself diagnosis and cure can be risky without professional help or guidance. *But*, if you are concerned, you need to start somewhere. This First AID page presents ideas and questions you might want to ask about yourself or someone you love. Should your answers prompt you to seek help or more

information, refer to the First AID page list of easy-to-reach resources.

YOU MAY BE AN ALCOHOLIC, ACCORDING TO SOME PROFESSIONALS, IF:

"Drinking has become a problem---and you continue to drink."

"You are using alcohol to such a degree and in such a way that it interferes with your personal, family, social, or work behavior."

Always keep in mind that however it is described, alcoholism *is not* a mortal sin or character defect. Alcoholism is a disease--a primary, chronic, treatable, progressive and--unless arrested--terminal disease.

### THE GOOD NEWS . . .

The Good News is that alcoholism has the highest recovery rate of any major disease. There is a wide variety of treatment and self-help programs available and there are proven ways to get well. And for most recovering alcoholics, their "new" life is a daily adventure more gratifying and valuable than anything experienced even PRIOR to addiction.

Just remember...alcoholism is a progressive disease. It NEVER gets better, and it WILL get worse without help.

### WHERE TO GET HELP . . .

Millions of Americans have gotten sober through Alcoholics Anonymous since it was founded nearly fifty years ago. Now dozens of other self-help and fellowship groups like Al-Anon, Alateen and Narcotics Anonymous are providing similar help and inspiration to families and individuals while thousands of treatment programs throughout the U.S. are dedicated to the renewal and recovery of our nation's chemical dependents.

The First AID page is published by *Alcoholism/ the national magazine*, a bimonthly news magazine covering the field of addiction prevention, research and treatment. For more information on *Alcoholism*, its companion newsletter, *Recovery*<sup>tm</sup>, the National Directory of Treatment Programs, or for reprints of this First AID page, call toll-free at 1-800-ALCOMAG, (206/362-8162 in Washington).

Humanity's best efforts always fail. God never fails (Isaiah 42:4). He wants this world warned and educated about His plans for this planet: "The Lord God does nothing, unless He reveals His secret to His servants" (Amos 3:7). The Good News (the written Word of God - The Holy Bible) proclaims the world's only sure hope - the world tomorrow under the government and reign of Jesus Christ and His hand picked staff.

We must learn the lesson: Serving self never works, serving God and neighbor always does (Matthew 22:36 - 40)!

Sugar Ray Robinson, holder of six world boxing titles in a brilliant career that spanned some 25 years and 109 knockouts, after earning more than \$4 million, has found life's sweetest rewards helping to rehabilitate underprivileged youths in the ghettos of Los Angeles, California. "I truly believe all my life has been a preparation for this," said Mr. Robinson, "and I'll go to my grave trying to help this cause."

We, too, have a cause, a cause much bigger than ourselves. Human life is meaningless unless we take God's overall plan into account (Ecclesiastes 12:8). Man was made to need God, to walk with God and to get busy fulfilling God's ultimate purpose.

Readers of The Good News, you have a chance to find that missing dimension. We are helping lay the foundations of a new civilization that will soon be set up on this earth, a world built on the give principle, a society geared to helping others achieve their incredible human potential.

Unless we fulfill this purpose, we will always be subject to depression and futility, to the pervading sense of the hopelessness epidemic in our society. For we will be trying to find peace of mind on our own, and that never works (Proverbs 3:5). Why not? Because apart from God, there is no hope of a future life, a life of service and undreamed-of usefulness beyond the grave.

Armed with this hope of a future of service and accomplishment under God, this sure knowledge of usefulness for all eternity (Revelation 21:7), we can face life's treacherous currents with buoyance, hope and purpose.

With God's help we can win over worry. We can agree with King Solomon, the wisest man who ever lived: "Do not let your heart envy sinners, but in fear of the Lord continue all day long; for surely there is a hereafter, and your hope will not be cut off" (Proverbs 23:17 - 18).

In Jesus Name,

LOREN A. MOORE

# KALIHWI-SAKS 1985 SCHEDULE

## DEADLINE

\*January 4  
 +January 11  
 \*February 1  
 +February 8  
 \*March 1  
 +March 8  
 \*March 29  
 +April 5  
 \*May 3  
 +May 10  
 \*May 31  
 +June 7  
 \*June 27  
 +July 5  
 \*August 2  
 +August 9  
 \*August 30  
 +September 6  
 \*September 27  
 +October 4  
 \*November 1  
 +November 8  
 \*November 29  
 +December 6

## PAPER OUT

January 11  
 January 25  
 February 8  
 February 22  
 March 8  
 March 22  
 April 5  
 April 19  
 May 10  
 May 24  
 June 7  
 June 21  
 July 5  
 July 19  
 August 9  
 August 23  
 September 6  
 September 20  
 October 4  
 October 18  
 November 8  
 November 22  
 December 6  
 December 20

All material MUST be in our office before 4:30 p.m. on the listed deadline dates. NO material will be accepted after that time. We ask for a two week deadline before the monthly issues because typesetting any material requires at least a week to be completed.

NOTE: These dates are subject to change. We will do our best to meet these deadlines and will inform you if any dates are changed.

If you have any questions, please feel free to call us at 869-2083 or stop in at our office between the hours of 8:00 - 12:00 and 1:00 - 4:30.

Thank you.

+Monthly  
 \*Weekly

# CHEMICAL DEPENDENCY NEWS

## RECIPES FOR NON-ALCOHOLIC DRINKS

### GALA FRUIT PUNCH

1 1/4 C. Water	2 C. White Grape Juice,
2 1/2 C. Sugar	Grapefruit juice, or
1 C. Lemon Juice	Pineapple juice
2 C. Orange Juice	1 C. Marachino Cherries
1 C. Strong Tea	2 C. Fruit Syrup
Ice Water	1 Qt. Carbonated Water

Make a syrup by boiling for 10 minutes the first two ingredients. Reserve 1/2 cup of this. Add to the remainder, the next six ingredients then stir, cover and permit to stand for 30 minutes or more. (The fruit syrup is the main ingredient. Punch is apt to be just as good as this touch. Strawberry jam may be diluted, canned raspberry or loganberry juice may be sweetened and boiled until heavy--strain these ingredients--or grenadine syrup may be used.) Add enough ice water to make about 1 1/2 gallons of liquid. Add at the last minute: 1 quart carbonated water. Only if you find the punch lacking in sugar, add part or all of the reserved sugar syrup.

### MOETTE PUNCH

1 C. Pineapple Juice	1 pint Club Soda
1 C. White Grape Juice	(sugar-to-taste)
1 Quart Raspberry Sherbet	or Ice

Add soda to fruit juices, sweeten to taste. Pour into punch bowl, add scoops of sherbet.

### MOCK PINK CHAMPAGNE

1/2 C. Sugar	1 6oz. can frozen
1 C. Water	grapefruit juice
1 6 oz. can frozen	1 28oz. bottle
orange juice con -	chilled gingerale
centrate	1/3 C. Grenadine Syrup

Early in the day, mix sugar with water in saucepan and boil 5 minutes. Cool. Add frozen juice concentrates. Refrigerate. At serving time, add gingerale and grenadine syrup. Stir lightly.

### WASSAIL ON THE WAGON

1 Gal. Apple Cider	1 1/2 t. Powdered Cloves
1 Qt. Hot Water	1 1/2 t. Cinnamon
1/2 C. Instant Tea	1/2 C. Sugar
2 T. Lemon Juice	1 Cinnamon Stick

Heat water, add tea, cider, lemon juice, sugar, cinnamon, cloves and cinnamon stick. Serve warm.

### SPARKLING FRUIT SLUSH

2 pints unsweetened pineapple juice  
 2 6oz. cans pink lemonade concentrate  
 1 cup water  
 Add juice of 1 lemon or lime

Mix ingredients and freeze overnight. Remove from freezer just before serving. Stir well. (Keeps in freezer)

### WINNING TEA PUNCH

1/2 C. 100% Instant Tea  
 2 Qtz. Water  
 1 6oz. can frozen limeade concentrate  
 1 6oz. can frozen lemonade concentrate  
 1 6oz. can frozen pineapple juice concentrate  
 1 pint cranberry juice cocktail

In a punch bowl, combine instant tea, water, concentrates and cranberry juice. Just before serving, add ice.

### CARDINAL PUNCH

1 Qt. Cranberry Juice	2 lemons, squeezed or
1 pint orange juice	2 oz. lemon juice
	4 Qts. Gingerale

Combine juices with ice and chill. Pour into punch bowl over block of ice and add gingerale. Garnish glasses with mint sprig. (May add orange sherbet scoops)

## Anna John Nursing Home

The staff and residents of the Anna John Nursing Home would like to wish the entire community a very Merry Christmas and a prosperous New Year. Your support this past year is greatly appreciated. A special thanks to all the volunteers who devoted many hours of their time to spread happiness to the residents here.

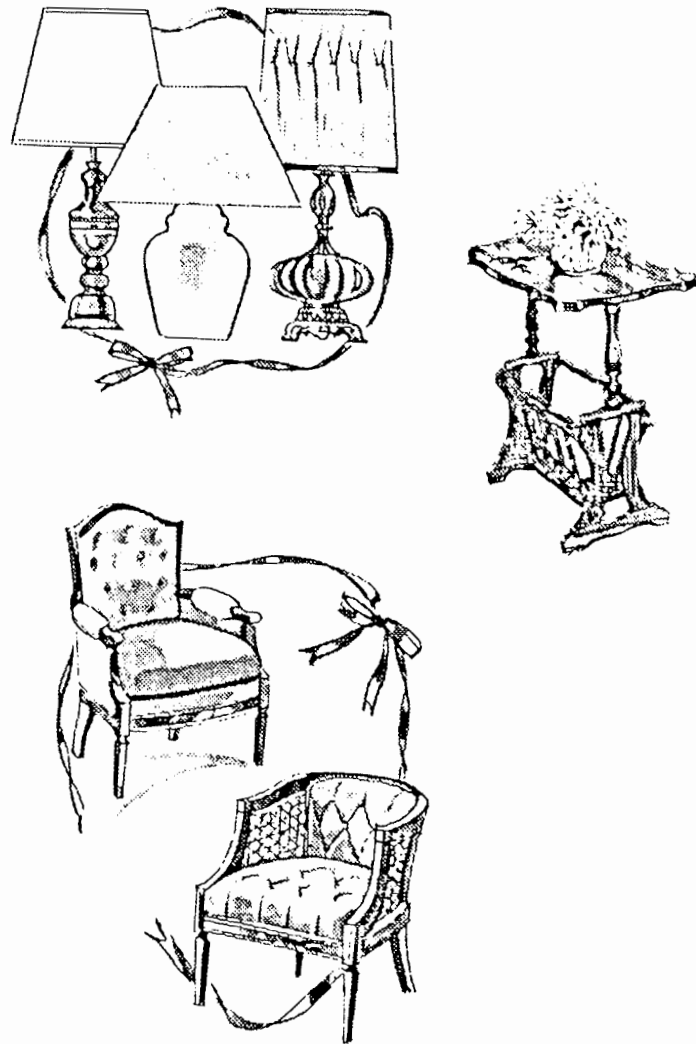
The Anna John Nursing Home staff would like to express our thanks to the VFW Auxilliary Post 778 for their help in making our Holiday Craft & Bake Sale a success. Thanks to them our sales were great and the traffic thru the nursing home halls was terrific. Visitors as well as residents enjoyed corn soup, chili, baked goods and crafts for sale. A relaxing afternoon was enjoyed while Woody Webster played the organ for several hours, despite his recent surgery. Santa came for a brief visit to give treats to all. Again I thank all the people who came, the VFW Auxilliary, Woody Webster and Santa Claus.

The resident Christmas Party was held December 21 at 1:30 p.m. Santa and Mrs. Claus was here. Johnny Len played many of our favorite songs and there was a lot of Christmas cheer to share. Families were invited to attend.

Donations over the past year have gratefully been appreciated and used to enhance the activity program or enrich the lives of the residents here at the Nursing Home in one way or another. We sincerely appreciate the donations and would like to express a special thanks to the Business Committee for their donation to the Anna John Nursing Home which was used for Christmas.

## ONEIDA RETIREMENT COMMUNITY

The Oneida Retirement Community at the Norbert Hill Center is in need of some draperies (54 or 75 inches long) and curtains (54 or 75 inches long), comfortable chairs, bedside tables, lamps, sewing machine, quilting frame, and attractive healthy plants. If you have any of these items in good condition and would like to donate them to ORC, please contact Sister Barbara at NHC, Room 1148, or call 869-1206



Useful Gifts!

## THE STATION

Tucked away in our subconscious minds is an idyllic vision. We see ourselves on a long, long trip that almost spans the continent. We're traveling by passenger train, and out the windows we drink in the passing scene of cars on nearby highways, of children waving at a crossing, of cattle grazing on a distant hillside, of smoke pouring from a power plant, or row upon row of corn and wheat, of flatlands and valleys, of mountains and rolling hillsides, of city skylines and village halls, of biting winter and blazing summer and cavorting spring and docile fall.

But uppermost in our minds is the final destination. On a certain day at a certain hour we will pull into the station. There will be bands playing and flags waving. And once we get there so many wonderful dreams will come true. So many wishes will be fulfilled and so many pieces of our lives finally will be neatly fitted together like a completed jigsaw puzzle. How restlessly we pace the aisles, damning the minutes for loitering...waiting, waiting, waiting for the station.

However, sooner or later we must realize there is no one station, no one place to arrive at once and for all. The true joy of life is the trip. The station is only a dream. It constantly outdistances us.

"When we reach the station, that will be it." we cry. Translated it means, "When I'm 18, that will be it! When I put the last kid through college, that will be it! When I have paid off the mortgage, that will be it! When I win a promotion, that will be it! When I reach the age of retirement, that will be it! I shall live happily ever after!"

Unfortunately, once we get "it," then "it" disappears. The station somehow hides itself at the end of an endless track.

"Relish the moment" is a good motto, especially when coupled with Psalm 118:24: "This is the day which the Lord hath made; we will rejoice and be glad in it." It isn't the burdens of today that drive men mad. Rather, it is regret over yesterday or fear of tomorrow. Regret and fear are twin thieves who would rob us of today.

So, stop pacing the aisles and counting the miles. Instead, climb more mountains, eat more ice cream, go barefoot oftener, swim more rivers, watch more sunsets, laugh more and cry less. Life must be lived as we go along. The station will come soon enough.

**THE BEST IS YET TO COME**  
**HAPPY NEW YEAR**

## LAZY MAN'S PSALM

SOCIETY IS MY SHEPHERD, I SHALL NOT WORK  
IT ALLOWETH ME TO LIE DOWN ON A FEATHER BED,  
IT LEADETH ME BESIDE THE STILL FACTORIES,  
IT DESTROYETH MY AMBITION.  
IT LEADETH ME IN THE PATH OF A GOLD BRICK FOR POLITIC'S SAKE.  
YEA, THOUGH I WALK THROUGH THE VALLEY OF INFLATION AND DEFICIT,  
SPENDING I WILL FEAR NO EVIL FOR THE WELFARE AGENCIES ARE WITH ME.  
THEIR GENEROSITY AND THEIR STAFF THEY COMFORT ME,  
THEY PREPARETH THE REQUISITIONS THAT FILLETH MY TABLE,  
BY MORTGAGING THE EARNINGS OF MY GRANDCHILDREN.  
MY HEAD IS FILLED WITH MIRTH THAT MY CUP RUNNETH OVER WITHOUT EFFORT.  
SURELY THE TAXPAYERS SHALL CARE FOR ME ALL THE DAYS OF MY LIFE  
AND I SHALL DWELL IN THE HOUSE OF A PARSITE FOREVER.

## THE OPTIMIST CREED

### PROMISE YOURSELF

- To be strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only the best, to work only for the best, and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvements of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble.

Christian D. Larson

Electrical Engineers  
Electronic Technicians  
Occupational Therapists  
Health Service Administrators

Along with this list there will also be a need to create more jobs in the areas of:

Sales Clerks  
Custodians  
Cashiers  
Secretaries  
Registered Nurses  
Truck Drivers  
Waiters/Waitresses  
Elementary School Teachers  
Nursing Aids

In looking at these lists, you will note that the training for the majority of these occupations is offered by Vocational and Technical schools such as N.W.T.W. and F.V.T.I. in our own local area.

For more information, please contact the Career Development and Placement Office (JTPA) at the Norbert Hill Center. The phone numbers are 869-2343 or 869-2344.



**TAX TIME IS APPROACHING.**

**HAVE YOUR TAXES DONE  
BY AN EXPERIENCED  
(7 YEARS) TAX PREPARER:**

**CRAIG COTTRELL  
833-7486  
1311 GOOSETOWN  
DE PERE, WI 54115**

**INDIVIDUAL RETIREMENT  
ACCOUNTS TAILORED TO  
YOUR FINANCIAL NEEDS.**

#####

## The Thrift N Gift House

LOCATED ON S. CTY LINE ROAD BETWEEN  
ADAM DRIVE & G IN WEST DEPERE  
OPEN 12-5 TUESDAY THRU SATURDAY  
OR BY APPOINTMENT

RUTH SKENANDORE (414) 869-2171

For sale this month:

- White corn - \$1 qt.
- Ribbon shirts - \$1 - \$25
- Indian shawls - \$40
- 3 dressers - 1 - \$35 & 2 - \$65
- End tables - \$5
- Couch - \$25
- Homemade dolls - \$25 - \$30
- Sheets & blankets - 50¢ - \$3.00
- Baby quilts - \$10
- Much more

#####

## THANK YOU

Thank you to all who came to the Thanksgiving dinner at the Multi-Purpose Center.

Margaret Skenandore

I wish to say thank you to my family, relatives, friends and Father Smith for their cards, prayers and visits during my recent stay in the hospital. I thank all of you.

Anderson Cornelius

To Members of the Oneida Community:

Our family would like to thank all of you who offered prayers, flowers and consolation with the loss of our Donna Jean. Be assured, her spirit will be always with us.

Our thanks and gratitude to the Clergy of Holy Apostle's Church, the Oneida Singers, all those kind and loving ladies from the Methodist Church, the corn bread lady and all those who brought food.

God bless you one and all.

The Donna Jean Cornelius Family

To all those who came from Oneida, Green Bay and elsewhere, I want to say thank you and God bless you all.

With love, Naomi C. Parkhurst



## JTPA

### NATIVE AMERICAN PROGRAM

Do you need help in determining your career goals and objectives? Are you having difficulty finding and keeping a job? Have you thought about returning to school?

To help you decide on a future career the Career Development and Placement Office (JTPA sponsored) can help you decide and offers services in these and other areas:

- Assistance in determining interests and abilities
- Assistance in goal planning
- Assistance in decision making and problem solving
- Assistance in career exploration and selection
- Other information

Other services include:

- Job referrals
- Job placements
- On-the-job training

Also skills training allowances and GED classroom training are offered by the Career Development and Placement Office.

For more information and eligibility determination, please call or stop by. The new address is ROOM 1359, NORBERT HILL CENTER, ONEIDA, WISCONSIN 54155 and the phone number is 869-2343 or 869-2344.

### FUTURE JOBS

According to the U.S. Department of Labor's "Occupational Outlook Handbook", the fastest growing occupations over the next 10 years are in the areas of:

Computer Service Technicians  
Legal Assistants  
Computer Analysts  
Machine Tool Makers  
Computer Programmers  
Office Machine Repairers

# NATIONAL IRON WORKERS TRAINING PROGRAM FOR AMERICAN INDIANS INC.

1819 Beach Street  
Broadview, Illinois 60153  
(312) 345-2344  
(312) 345-2345

### EMPLOYMENT ASSISTANCE

A recent check of the International Ironworkers membership reveals that a large number of our graduates are not included. We are requesting your assistance in contacting graduates of the National Iron Workers Training Program for American Indians, Inc., that have returned to your area to find out if they are still interested in becoming an Ironworker. We want to work with this graduate toward job placement.

If they were employed at anytime as an Ironworker, we will need to know the local they were a member of and their status at the time their employment ended. Based on the circumstances we can advise them of what procedures they should follow for reinstatement. For those graduates who have never worked as an Ironworker, we would like to follow-up on the reasons for non-placement.

Since June, 1984, we have offered employment to all the graduates of our program and have placed approximately 85% of them. As always, we stress they be open to the job location, because we can only send them where there is work. Too, an automobile is as essential as their tools.

If you have any questions or need to be provided additional information, please contact our office. Your cooperation will be appreciated.

Francis J. Shea, Project Director

# NATIONAL URBAN FELLOWS

NEW YORK, NY - NATIONAL URBAN FELLOWS, INC., is seeking applicants especially minority group members with demonstrated leadership potential for mid-career fellowships in public administration, according to an announcement today by National Urban Fellows' President Mr. Luis Alvarez.

A total of 30 fellowships will be awarded during 1985-86. Each will carry a tax-exempt educational grant of \$14,000 - \$16,000.

The 14 month National Urban Fellows Program for 1985-86 will begin in June 1985 with an intensive 14-week residential semester at Bernard M. Baruch College, City University of New York City. The tuition is paid by the National Urban Fellows, Inc. Participants will then spend 9-month mentorship assignments as special assistants to Mayors, City Managers, Foundation Officials, Members of Congress, County Administrators, and other Urban Administrators.

Eligible men and women should be United States Citizens between the ages of 25-45, with more than 3 years of full time administrative experience. In addition to proven leadership skills, they should have a commitment to solving urban problems.

Deadline for receipt of applications is Friday, February 18, 1985. Applications and additional information concerning the program may be obtained by contacting the National Urban Fellows, Inc., 1776 Broadway, 22nd Floor, New York, NY 10019. Telephone: 212-541-5711.

During the first 15 years of the program, fellowships have been awarded to 330 men and women, primarily Black, Mexican-Americans, Puerto Ricans, Native Americans,

and Asian Americans. Presently, over 50% of the fellowships are awarded to women.

Fellowship Assignments are made at all levels of government -- Federal, State, County, and Municipal. Recent past fellows have worked with such Urban Executives and National Political Leaders as Los Angeles Mayor Tom Bradley; U.S. Senator Richard G. Lugar of Indiana; Mr. Alan Beals, Executive Director, National League of Cities, Washington, D.C.; Mr. Clifford Graves, Chief Administrative Officer, County of San Diego, California; Mayor Henry Cisneros, City of San Antonio, Texas; Mr. Richard Watson, Chief County Administrator, Solano County, California. Also, with Mr. Peter Shapiro, County Executive of Essex County, Newark, New Jersey; Congressman Charles B. Rangel, Washington, D.C.; Mr. Richard Gilmore, Director of Finance, City of Philadelphia, Pennsylvania; Mr. David Rivers, Director, Department of Human Services, Washington, D.C. and Mayor George Voinovich, Cleveland, Ohio.



# FOR SALE

1968 Volkswagon Camper  
No rust -- good tires, needs some work  
Phone: 833-7470

TRAILER HOME FOR SALE 60' x 14'  
2 bedroom 1974 Baron  
Very good condition 833-2593

FRESH EGGS -- 50¢ per dozen  
869-2593

WANTED - to borrow or to have a copy of:  
"Trout Creek School Pictures"  
and all students of Mrs. Rasmussen's  
class from approximately 1951 to 1953.  
Contact: Jane Stanelle  
Special Education  
Oneida Tribal School

TO GIVE AWAY - German Shepherd/Collie-  
mixed puppies  
Phone: 833-6905

FREE TO GOOD HOME - 1/2 Doberman-mixed  
puppies.  
Phone: 869-2360 or  
833-6760

SNOW PLOWING Phone: 869-2322

WANTED - A crib, 2-6 yr. size  
Prudence Doxtator  
869-1038

Anyone with needs at the Nursing Home  
(socks, sweaters, etc.) please submit  
sizes. They will be printed in the  
Kalihwi-saks.

SEWING DONE, buy your own pattern and  
materials and I'll sew it for you.  
Mending also. Soft sculptured dolls for  
sale, Indian or white, dressed.

833-7509

APARTMENT TO SHARE in Seymour:  
Male/Female, child OK, front part of  
house. Spacious, own room, very reason-  
able. Approximately \$120 per month. Call  
Janice at 869-2274, 8:00 - 4:30 p.m.  
or 833-7698 after 5:00 p.m.

TUTORING OFFERED by certified teachers  
with expertise in reading, math, social  
sciences, botany, French and English -  
group and individual rates, elementary,  
secondary, adult. Call Janice at 869-2274  
from 8:00 - 4:30 p.m. or 833-7698 after  
5:00 p.m.

FOR SALE, 1977 Chev Camaro  
New tires, runs good, \$900 - negotiable  
Call 869-2294

79 HONDA CIVIC HATCHBACK  
Automatic, 47,000 miles, new radials -  
\$2,500. Call 337-0200 after 5:00 p.m.  
or 833-7404 before 4:30 p.m.

2 HAND OPERATED WATER PUMPS & PIPES  
Asking \$80. Also one 4-burner kerosene  
stove with oven - \$50.  
Call 869-2867

ANYONE INTERESTED IN ORDERS FOR ECLAIRS  
OR CREAM PUFFS CAN CALL 869-1343



## HAPPY BIRTHDAY

HAPPY BIRTHDAY Rick Prevost January 15.  
HAPPY BIRTHDAY Irene Prevost January 29.  
HAPPY BIRTHDAY Jason Koehler January 25.

Love your family

HAPPY BIRTHDAY Sara Smith December 13.

Love, Mom & Dad

HAPPY BIRTHDAY to Percy Powless December 25th (59) and Joey Powless (24).

From the family

HAPPY BIRTHDAY Cory Skenandore December 2.  
HAPPY BIRTHDAY Sarah Smith December 13.  
HAPPY BIRTHDAY Norbert Elm December 2.  
HAPPY BIRTHDAY Judi Skenandore December 2.

From the Elm's

HAPPY BIRTHDAY TO "Suzi" Skenandore January 1.

Lots of love, the Alicea's

HAPPY BIRTHDAY to Vincent Cornelius on December 28th.

HAPPY BIRTHDAY to Wendy Montano Dec. 21.

HAPPY BELATED BIRTHDAY to Roxanne Skenandore Dec. 2nd.

\* \* \* \*

HAPPY ANNIVERSARY to Percy & Angie (39th) December 28th from the kids.

HAPPY ANNIVERSARY Joe & Jamie Nov. 11.

HAPPY ANNIVERSARY to Rafael & Harriet Alicea December 31. We love you very much.

Your rotten kids



## CONGRATULATIONS



CONGRATULATIONS Rocky on being a "B" student at West DePere High School.

CONGRATULATIONS to Bill and Ethel Metoxen. We love you very much.

Patsy, Kate, Bobby, Patrick, Lisa & Great grandson Patrick, Jr., Paula and Paul

Shad Webster, son of Sharon and Larry, won the Green Bay YMCA Flag Football Championship 1984. Congratulations Shad! Love from Aunt Lee and Uncle Leland.

CONGRATULATIONS to the following college graduates:

Gina Vanden Huevel, U.W. Madison - Business Administration (BA)

Mark Voros, California State University - Business Administration (BA)

Edna Grosskopf-Cornelius, U.W. Green Bay - Home/Economic Education (MS)

Graduates of the Adult Vocational/Technical Program for the month of December:

Gary Stevens - Basic Institute of Technology - Air Conditioning/Heating

Roger Melchert - Fox Valley Technical Institute - Truck Driving

Vicki Metoxen - Haskell - Graphic Arts

Diane Huff - Milwaukee Area Technical College - Visual Communications

Kenneth Schuyler - Milwaukee Area Technical College - Accounting



## NATIVE AMERICAN STUDIES PROGRAM

The NATIVE AMERICAN STUDIES PROGRAM at the UNIVERSITY OF WISCONSIN - MILWAUKEE, through the cooperation of the College of Letters and Science Law Studies Major Program, will be sponsoring a special course during the coming Winter-Spring semester which will focus on AMERICAN INDIAN TREATIES.

The course, AMERICAN INDIAN TREATY LAW: RELEVANCE FOR THE WISCONSIN AREA, will consist of an analysis of the American Indian/United States Treaties, in the Wisconsin-Upper Peninsula of Michigan Area; their historical development and implementation in the past and at the present time, with emphasis on the impact of U.S. Court Decisions. The course will deal with questions concerning the recent decision of the U.S. Court which affirmed the hunting and fishing rights of Chippewa American Indians.

The course, listed in the UWM Schedule of Classes, under Law Studies course number 526-299, will be for 3 credits, and will be taught on Tuesday evenings, beginning January 15th, from 6:30 to 9:10 p.m. The instructor is Jeff DeCora, a member of the Winnebago Indian Nation, who recently received a Law Degree from Harvard University Law School. For further information regarding registration for this course contact: The Native American Studies Program Office, Holton Hall Room G 48, on the UWM Campus, or telephone 963-5880.

## seattle indian health board



The Seattle Indian Health Board Indian Health Careers Opportunity Program received notice from Health and Human Services that due to administration priority changes away from community based programs, we have lost our funding. We were 100% approved as cost and time effective, but due to the priority changes, were not

approved for funding. We have applied for emergency money and will be applying for funding for the next fiscal year. We will keep you up-to-date of new developments.

The Seattle Indian Health Board has picked up two positions and therefore, we are able to still provide retention, facilitation to college, (academic, personal and financial aid) services to the seventy-six (76) students presently in our program. Unfortunately, we do not currently have monies available for active recruitment as we had in past years. Therefore, we would appreciate you referring directly to us, anyone interested in pursuing a health career.

The N.W.P.A.I.H.B. Nursing Recruitment Program is intact. You can assist the Nursing Recruitment Personnel there by contacting them and referring anyone interested in pursuing a Nursing career. Their address is: 123 N.W. Second Ave., Room 321, Portland, Oregon 97209. Attention: Tom Ball, Telephone 503-228-4185.

Thank you for your past and continued support.

Bill Daisy  
Training Manager

## NATIONAL RESEARCH COUNCIL

### NATIONAL RESEARCH COUNCIL TO ADMINISTER POSTDOCTORAL FELLOWSHIPS FOR MINORITIES

The National Research Council plans to award approximately 35 Postdoctoral Fellowships for Minorities in a program designed to provide opportunities for continued education and experience in research for continued education and experience in research for American Indians and Alaskan Natives (Eskimo or Aleut), Black Americans, Mexican Americans/Chicanos, and Puerto Ricans. Fellows will be selected from among scientists, engineers, and scholars in the humanities who show greatest promise of future achievement in academic research and scholarship in higher education.

In this national competition sponsored by the Ford Foundation, citizens of the United States who are members of one of the designated minority groups, who are preparing for or already engaged in college or university teaching, and who hold doctoral or other terminal degrees may apply for a fellowship award of one year's duration.

Awards in the Postdoctoral Fellowships for Minorities Program will be made in the behavioral and social sciences, humanities, engineering, mathematics, physical sciences, and biological sciences, and for interdisciplinary programs comprised of two or more eligible disciplines. Awards will not be made in professions such as medicine, law, social work, library science, and such areas as business administration and management educational administration, curriculum development and supervision, teaching training, and personnel and guidance. Tenure of a fellowship provides postdoctoral research experience at an appropriate not-for-profit institution of higher education or research

of the fellow's choice. Appropriate institutions include universities, museums, libraries, government or national laboratories, privately sponsored not-for-profit institutes, government chartered not-for-profit research organizations, and centers for advanced study. The deadline for submission of applications is January 16, 1985.

The enclosed program announcement, which contains detailed information about the scope of the program and the terms of the awards, may be used to publicize the competition. All inquiries concerning application materials and program administration should be addressed to the Fellowship Office, National Research Council, 2101 Constitution Avenue, Washington, D.C. 20418.

## UW-MILWAUKEE

We are pleased to announce the funding of the NATIVE AMERICAN GRADUATE EDUCATION PROGRAM at the University of Wisconsin-Milwaukee

We offer fellowships (tuition, books, and stipends) in Graduate Studies in:

Masters of Science

1. Curriculum and Instruction
2. Education Psychology
3. Cultural Foundations
4. Exceptional Education
5. Educational Administration
6. Rehabilitation Counseling
7. PhD in Urban Education

Contact: Maureen E. Smith  
Native American Graduate  
Education Program  
School of Education  
Cultural Foundations  
P.O. Box 413  
Milwaukee, WI 53201

Contact Maureen Smith as soon as possible, especially if considering applying for Spring 1985 semester.

## ADULT PROGRAM APPOINTS STUDENT REPRESENTATIVE TO ADVISORY COMMITTEE

We are pleased to announce the appointment of Sandra Glidewell as student representative to the Adult Program Advisory Committee. Sandra is the first student in the program to serve on this institutional committee which is responsible for program development, review and evaluation. Students may reach Sandy during the day or evenings by placing messages in her mailbox in the faculty mailroom. We sincerely welcome Sandy to A.P.A.C.

Sandy is a sophomore at Springfield College in Illinois. On September 30, 1984, she was one of seven students to be inducted into Phi Theta Kappa, the national honorary scholastic fraternity for two year colleges. On October 23, 1984, she was one of 19 students nominated by Springfield College for inclusion in the 1985 edition of "Who's Who Among Students in American Junior Colleges."

Congratulations, Sandy, on your fine accomplishments!



*"I sought the Lord, and He heard me,  
and delivered me from all my fears."*

*Psalm 34:4*

*Man has always been beset by worry, and the pressures of modern life have aggravated the problem. To ment of all time Jesus said, "Take therefore no thought for the morrow . . . but seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you." (Matthew 6:33-34)*

*Many of you are filled with a thousand anxieties. Bring them to Jesus Christ by faith. He will bring peace to your soul and your mind.*

*Knowing you hear me, Lord, as I talk with you brings me peace in the midst of any storm.*

*LOREN*

## IN MEMORY

*In memory of my granddaughter Carolyn Metoxen, who passed away six years ago this New Year's Day, 1985.*

*The years go by and the hurt remains inside.*

*We can't help but remember the happy times we shared, the ways in which you showed you cared.*

*Time has never changed the memory of your sweet and loving ways.*

*Sadly missed at Christmas and always.*

*Grandma Prudy Doxtator  
& family*

LEMON NUT THINS

Mix together with fork:

- 1 egg yolk
- 2 tablespoons milk
- 1 teaspoon grated lemon rind
- 1/8 teaspoon almond flavoring
- Blend in 2 cups cookie mix
- Add 1/3 cup finely chopped nuts

Form into roll; wrap in waxed paper and chill until firm (several hours or overnight). Slice and bake on ungreased sheet at 375° F. for 8 to 10 minutes until golden brown.

SPICY OATMEAL COOKIES

- 2 eggs, well beaten
- 2 1/2 cups mix
- 1/2 cup brown sugar (packed)
- 1 cup uncooked oatmeal
- 1/4 teaspoon cinnamon
- 2 cups raisins
- 1/2 cup chopped walnuts (optional)

CUT OUT COOKIES

Beat thoroughly 1 egg. Add and blend thoroughly:

- 2 tablespoons milk
- 2 teaspoons vanilla
- 3 cups mix
- 1/2 teaspoon baking powder

Work in 1 cup flour. Chill until dough is easy to handle. Roll thin on floured pastry cloth or board. Cut out and decorate with gumdrops, candy, etc. Bake on ungreased sheet at 400° F. for 10 to 12 minutes until golden brown.

CEREAL CRUNCHIES

- 1 egg, slightly beaten
- 1 teaspoon vanilla
- 1/2 teaspoon lemon flavoring
- 2 tablespoons milk
- 3 cups mix
- 1 1/2 cups breakfast cereal

Mix first 5 ingredients together until fluffy. Stir in cereal. Drop from teaspoon about 1 1/2 inches apart on ungreased cookie sheet. Bake at 400° F. about 10 to 12 minutes until golden brown.

CHOCOLATE THINS

Omit lemon rind and almond flavoring in Lemon Nut Thins. Add 1/2 teaspoon vanilla and 1 square unsweetened chocolate melted.

BROWNIES

- 1 1/2 cups mix
- 2 tablespoons shortening
- 1/2 cup brown sugar (packed)
- 2 eggs
- 1 teaspoon vanilla
- 1 1/2 squares unsweetened chocolate, melted
- 3/4 cup chopped nuts

Beat first 5 ingredients until smooth. Blend in chocolate, then add nuts. Turn into greased square pan. Bake at 350° F. about 25 to 30 minutes just until pick thrust in center comes out clean. Do not overbake. Cook in pan and cut in 1 1/2 inch squares.

BUSY DAY DESSERT

Mix together until well blended:

- 1 1/2 cups mix
- 1 egg
- 1/4 cup milk

Spread over a can or jar of prepared fruit pie filling in square pan. Bake at 425° F. for 25 to 30 minutes. If a glass pan is used, bake at 400° F. for 25 to 30 minutes. Cut in squares and serve with ice cream.

Sincerely,

*Marilyn Herman*

Marilyn Herman  
Brown County UW-Extension  
Extension Home Economist

APPLICATION  
 Native American Graduate Education Program  
 School of Education  
 University of Wisconsin - Milwaukee  
 P.O. Box 413  
 Milwaukee, Wisconsin 53201

FELLOWSHIPS: Through Title IV of the Indian Education Act, Educational Personnel Development, Indian students at the graduate level (Masters and PhD.) are awarded a fellowship per year. The fellowship provides trainees with full tuition, books and a financial stipend.

REQUIREMENTS: Completion of a bachelors degree with a recommended GPA of 2.75; admission to the University of Wisconsin - Milwaukee Graduate School; admission to the School of Education Graduate Program and documentation of tribal affiliation as defined by Title IV.

INFORMATION AND APPLICATION: For further information contact Maureen E. Smith at the above address or telephone (414)963-4404 or 4323, or return the application to the above address.

-----

Name \_\_\_\_\_ Soc. Sec. No. \_\_\_\_\_

Address \_\_\_\_\_

Phone (home) \_\_\_\_\_ (business) \_\_\_\_\_

Birth date \_\_\_\_\_ Birth place \_\_\_\_\_

Tribal affiliation \_\_\_\_\_

Wisconsin resident \_\_\_\_\_ Non-resident (state) \_\_\_\_\_

Marital status \_\_\_\_\_ No. of children (if any) \_\_\_\_\_

Please answer the following questions on a separate sheet of paper.

1. Briefly describe any work (professional and/or volunteer) you've done for Indian organizations (Urban and/or Reservation).
2. Briefly explain why you feel you should be selected for the Native American Graduate Education Program.
3. Describe how you see yourself serving the Indian Community (Urban/Rural) within the first five years of your graduation.
4. What area of education are you interested in? (Examples: Curriculum & Instruction, Educational Psychology, Cultural Foundations, Educational Administration, Exceptional Education or Rehabilitation Counseling) Briefly explain.
5. Describe your past vocational educational background beyond high school, starting with your most recent endeavor.
6. If you do not meet any or all of the requirements, please explain.

WCCO Minority Broadcast Scholarship

We are seeking applicants for the WCCO Minority Broadcast Scholarship Program in the School of Journalism and Mass Communication. The program was established to help minority students prepare for a career in the broadcasting profession with special attention to broadcast news.

Scholarships are available for students who will begin their junior year next fall or who are interested in graduate study leading to the Master of Arts Degree. The program offers up to six quarters of financial aid toward a Bachelor of Arts Degree or a Master of Arts Degree, special counseling by journalism faculty, and supervised internships at one of three radio stations (WCCO-TV, WCCO-Radio, WLTE-FM). A minimum scholarship of \$2500 per year is offered; funding of up to \$4000 per year is possible.

Established in 1973, the program counts among its graduates successful broadcast editors, producers, reporters and other personnel at the national networks, regional broadcast bureaus and local stations.

Let me urge you to encourage students who you feel are qualified to pursue their interests in our scholarship program. The School of Journalism and Mass Communication offers an excellent program in broadcast journalism and the success of the WCCO Scholarship Program for minorities is exemplary.

Feel free to contact the Oneida Education Office for the additional information: 414-869-2173.

*Happy Holidays*

RECIPES

HOMEMADE COOKIE MIX

YIELD: Makes 16 to 17 cups, enough for 6 to 8 batches of cookies.

8 cups all-purpose flour (sift before measuring)  
4 1/2 cups sugar  
4 teaspoons salt  
1 1/2 teaspoons baking soda  
3 cups vegetable shortening

Measure dry ingredients into large bowl, pan (a roasting pan or kettle is fine), or large paper bag and mix thoroughly. Drop shortening by spoonfuls onto dry ingredients. Blend at low speed of electric mixer, or cut in with pastry blender, two knives, or clean fingers until evenly blended. Scrape sides and bottom of pan frequently.

TO STORE: Keep in canisters or clean cans with tight fitting lids. DO NOT refrigerate. Cookie mix will keep 6 to 8 weeks in your cupboard.

BAKING TIP: For perfect, even browning, always bake cookies on shiny metal cookie sheets.

VANILLA DROPS

3 cups mix  
1 1/2 tsp. vanilla  
1 egg

Mix by hand or electric mixer until smooth and fluffy. Drop by small teaspoonsful about one inch apart on ungreased sheet. Decorate if desired with nuts or candied cherries. Bake at 375° F. 10 to 12 minutes. Remove at once to wire rack to cool. Yield: 4 dozen.

CHOCOLATE CHIP

Follow above recipe, adding 1 tablespoon milk to batter. Stir in 1 cup chocolate chips (1 - 6 oz. pkg.) and 1/2 cup chopped nuts. Bake at 375° F.

COCONUT DROPS

Make vanilla batter; then mix in 1 tablespoon milk and 1 cup coconut.

DATE CLUSTERS

Make vanilla drop batter. Mix together and add: 1 cup cut-up dates  
1/2 cup chopped nuts  
1/4 cup brown sugar (packed)

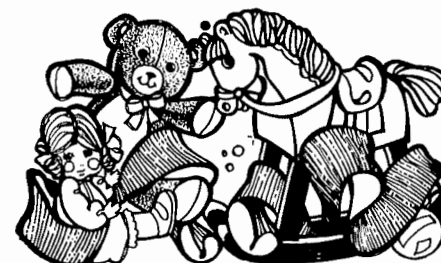
CHOCOLATE

Make vanilla batter. Add 2 melted squares chocolate and 1/2 cup chopped nuts.



**BEST WISHES**

May all your dreams snowball into dreams-come-true in the coming New Year.



# PROFESSIONAL TRAINING

By Planned Parenthood Fox Valley and Bay Lakes Chapters

The Training Institute, Planned Parenthood Of Wisconsin, in conjunction with the Fox Valley and Bay Lakes Chapters is sponsoring the following 1984-85 calendar of training events. Each workshop is designed to give accurate information, instructional materials and hands on activities to professionals who have an impact on Wisconsin families.

## USING FILMS CREATIVELY \* JANUARY 16, 1985 \* UW FOX VALLEY

A workshop designed for teachers, religious leaders and educator, social workers and others who use films as learning tools and would like to be more creative. Participants will review current films, gain experience in selecting objective-appropriate resources and take part in a variety of activities designed to make films an interesting and significant part of a human sexuality education program.

Tuition: \$12.00

Register by: January 9, 1985

## ARE THEY EVER TOO YOUNG TO KNOW \* JANUARY 29, 1985 \* PORT PLAZA GREEN BAY

Designed for daycare workers and nursery school teachers, this workshop will highlight developmental ages and stages, help professionals serve as support units for parents as sexuality educators and give participants an opportunity to work through "tough questions" children ask.

Tuition: \$12.00

Register by: January 22, 1985

## FAMILY LIFE EDUCATION IN THE ELEMENTARY CLASSROOM \* KEY FACTORS FOR SUCCESS

FEBRUARY 19, 1985, \* LOCATION TO BE DESIGNATED

A workshop full of lively activities and hands-on materials for elementary school teachers, administrators and other interested persons.

Tuition: \$12.00

Register by: February 12, 1985

## RESOURCE REVIEW: WHATS NEW IN SEXUALITY EDUCATION \* PORT PLAZA MALL

A workshop designed to give participants current resources available for planning, implementing and updating sexuality education programs for school, churches and youth organizations.

Tuition: \$12.00

Register by: March 12, 1984

## VALUES AWARENESS IN SEXUALITY \* APRIL 25, 1985 \* GUEST HOUSE/APPLETON

An intensive study of values, sexuality and the individual. Participants will work to increase their comfort level when dealing with sensitive issues and to develop skills that enhance communication about sexuality.

Tuition: \$25.00

Register by: April 15, 1985

PRE-REGISTRATION IS REQUIRED FOR ALL TRAINING EVENTS.  
FOR MORE INFORMATION, OR TO REGISTER, CALL ELSE THOMPSON, (414) 731-7081

# UTAH INDIAN EMPLOYMENT RESOURCE CENTER

The Utah Indian Employment Resource Center is a project of the National Urban Indian Council, a national community based organization that promotes the social and economic self-sufficiency of off-reservation American Indian and Alaska Native people.

## GOAL

The goal of the Utah Indian Employment Resource Center is to place unemployed, under-employed, economically disadvantaged, unskilled, skilled, and semi-skilled off-reservation American Indians and Alaska Natives throughout the state of Utah, in unsubsidized employment. The Utah Indian Employment Resource Center offers:

- Employment Related Services
- Direct Placement
- Limited Job-Training

## ADVANTAGES TO PARTICIPANTS

- Outreach and Intake
- Employment Assessment
- Employment Counseling
- Job Search Assistance
- Immediate Work
- Interesting Jobs
- Full/Part Time Employment Opportunities
- Career Development

## ADVANTAGES TO EMPLOYERS

- Advertising costs are lowered
- Careful evaluation program selects screened, qualified workers who have positive work attitudes
- Staffing problems solved
- Employers can select from a bank of skilled, semi-skilled, full-time, part-time, and temporary workers
- Training and employment costs are minimized
- Assistance in meeting EEOC and affirmative action goals
- Tax incentives
- No fee to employers
- Employee follow-up and counseling

## UNEMPLOYED? UNDER-EMPLOYED?

If you are seeking employment and are an American Indian or Alaska Native, contact:

### THE UTAH INDIAN EMPLOYMENT RESOURCE CENTER

21 East 1160 South  
Salt Lake City, Utah 84115  
801-575-8437 or 355-9490

## NEED EMPLOYEES? FULL/PART TIME?

If you are an employer looking for qualified, or semi-skilled workers, visit or contact the Utah Indian Employment Resource Center today.



SCHOOL OF PUBLIC HEALTH

EARL WARREN HALL  
BERKELEY, CALIFORNIA 94720

MASTER OF PUBLIC HEALTH

Fall, 1985

THE FOLLOWING SPECIALTIES IN PUBLIC HEALTH ARE OFFERED:

Biomedical Sciences	Program/Clinic Administration
Biostatistics	Planning and Policy
Environmental Health	Maternal and Child Health
Epidemiology	Public Health Nutrition
Behavioral Sciences	Health Services Management
Health Education	(combines MPH and MBA degrees)

REQUIREMENTS: Applicants must have a bachelor's degree, an acceptable grade point average, have taken the Graduate Record Examination (GRE) and have appropriate preparation.

FINANCIAL SUPPORT: Traineeships, scholarships, and tuition and fees are generally available. The University of California Graduate Minority Program awards are based on academic promise and financial need, with stipends ranging from \$100 to \$4,000 plus full or partial tuition and fees.

CAREERS: Many rewarding, community-serving careers are available in the public health field. Indian graduates of the MPH Program have such positions as: service unit director, health educator, nutritionist, executive officer, contract or program officer, planner, mental health specialist, program analyst with Indian Health Service; as director of health departments, faculty at Indian community colleges, tribal planner, director of area health board, director of preventive health services, and other positions with tribes; as teachers, directors of urban Indian health boards, regional consultants with the Federal government; and there are others who have gone on to doctoral programs or other professional degrees.

FOR FURTHER INFORMATION:

Call the MPH Program for American Indians/Alaska Natives for information and applications:

Elaine Walbroek, MPH, Director  
MPH PROGRAM FOR AMERICAN INDIANS/ALASKA NATIVES  
140 Earl Warren Hall  
University of California, Berkeley  
Berkeley, California 94720

(415) 642-3228 (Collect)

DEADLINE FOR FILING APPLICATION IS FEBRUARY 1, 1985



SCHOOL OF SOCIAL WELFARE

BERKELEY, CALIFORNIA 94720

THE AMERICAN INDIAN PROGRAM  
IN SOCIAL WELFARE  
AND COMMUNITY MENTAL HEALTH

The School of Social Welfare, University of California, Berkeley, seeks applications from American Indian students and human service workers for the degree of:

MASTER OF SOCIAL WELFARE

With the enactment of the Indian Child Welfare Act of 1978 and the promise of Public Law 93-638, the Indian Self-Determination Act, there is a growing need for Indian professionals to work as planners, administrators, and direct service practitioners among Indian populations on reservations, and in rural and urban areas.

To address these needs, the School of Social Welfare, is offering a 21-month master's degree program of instruction and field training geared to the needs and concerns of Indian populations. There are specialties in the field of Children and Families, Mental Health, and Aging.

FOR INFORMATION PLEASE CALL:

Elaine Walbroek, Director  
AMERICAN INDIAN PROGRAM IN SOCIAL  
WELFARE AND COMMUNITY MENTAL HEALTH  
School of Social Welfare  
120 Haviland Hall  
University of California  
Berkeley, California 94720  
(415) 642-3228 (Collect)

Financial assistance may be available for those accepted into the program. Applicants must be an enrolled member of an Indian Tribe or Alaskan village or have other identification as an American Indian or Alaska Native

Applicants must have a Bachelor's Degree and an acceptable undergraduate grade point average. The Graduate Record Examination (GRE) is required. Information on it can be secured from any college or university or by calling us.

DEADLINE FOR FILING APPLICATION IS FEBRUARY 1, 1985